



White

CAPS

The Newsletter for WAVES National

Still Something Special

VOL. XXXIV NO.4

AUGUST 2013

North Coast WAVES Mission to Serve Female Veterans

North Coast WAVES is on a mission. The members of North Coast WAVES Unit 21 (NCW 21) have been working to get the message out to women veterans in Ohio. There are approximately 61,000 female veterans in the state of Ohio and only three WAVES units currently chartered in the state. Since this is disproportionate, NCW 21 has been trying to get involved with events that will bring awareness to the female veteran community about what is available to them, including the camaraderie of other female vets.

On Sunday, June 9th, there was a free Women Veterans Picnic on the Patio for all women veterans throughout Ohio and their families at the 356th Fighter Group Restaurant in North Canton, OH. This event was hosted by North Coast WAVES Unit 21 to provide women veterans and their families with an opportunity to come together, share experiences, build a network of resources and learn about veteran services and veteran service organizations available to women.

The Louis Stokes Cleveland VA Medical Center offered information to the women attending with help from the Youngstown Multi-specialty VA Clinic on Belmont Avenue. There was also representation from the Summit County Veteran Service Commission and NAMI (National Alliance of Mental Health). NCW 21 also had an information table to let the women veterans and active duty attending the event know about the options for Veteran Service Organizations that are geared toward women and their needs.



Lt. Governor Mary Taylor with the officers of North Coast WAVES Unit 21 (L-R) Marlana Robertshaw-VP, Lillian Hawley-Secretary, Mary Taylor, Jennifer Baun-Pres., Dalene Sherrod-Treasurer.

Natalie Sprouse graciously entertained the troops for free. She performed acoustically from a wide genre of music that appealed to everyone at the picnic. Her bluesy delivery of some old standards, and covers of Janis Joplin, Bonnie Raitt, and others, and original songs from her Queen Bee CD earned her some new fans. Other entertainment was provided by Hospice of Carroll County, which did a special pinning ceremony for every veteran at the picnic that wanted to participate. It is a program that

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The President's Message



Greetings to all women veterans! We are in the middle of summer and it is hot and humid and rainy here in Florida. The weeds are growing very well.

Regional Reps, we have several units that have not turned in reports of new officers. Please check with the units and find out how they are doing and if we can help them and give them your support. I know there are not that many reports to turn in but if you are in a unit please check to see what reports may be required.

After conversing with several of our members over the age of 65, I'm finding that there are many that may qualify for the VA Pension. VA Pension Benefits: Supplemental income for wartime Veter-

ans. VA helps Veterans and their families cope with financial challenges by providing supplemental income through the Veterans Pension and Survivors' Pension benefit programs. Eligibility Requirements: Pension benefits are needs-based and your "countable" family income must fall below the yearly limit set by law. Veterans must have least 90 days of active duty, including one day during a wartime period. If the active duty occurred after September 7, 1980, you must have served at least 24 months or the full period that you were called up (with some exceptions).

You must also be:

- Age 65 or older with limited or no income, OR
- Totally and permanently disabled, OR
- A patient in a nursing home receiving skilled nursing care, OR

(Continued on page 2)

The Presidents Message (Continued from page 1)

- Receiving Social Security Disability Insurance, OR
- Receiving Supplemental Security Income

For more information on the VA Pension and other veterans benefits please visit: <http://benefits.va.gov/pension> and/or check with any Service Officer in your area as you may qualify. You can apply by filling out VA Form 21-526 (Veteran's Application for Compensation and/or Pension).

Our nominating committee is checking to ascertain on whether any of our members would like to run for a National Office. I am looking forward to some of our shipmates who are qualified to step up and apply. It isn't as scary as one would think and if you are interested please contact Michelle Busch, Nominating Committee Chairman, at mizhellecatholic@yahoo.com or any other members of Nominating Committee. They and their contact information are as follows: Gloria Wix at Gloria.wix@yahoo.com or (615) 443-4138; Sharon Woods at

sharonwds1724@gmail.com or (480) 202-0984; Andrea Cadieux at AKC7871@gmail.com or (941) 564-6056; or Jennifer Baun at Jennifer.baun@att.net or (330) 788-8488. We are still in need of a WEBMASTER. If you know of anyone who may qualify whether they are a member or not, please let me know.

It has been reported from the 2012 Convention Treasurer Cathy Gerolimos that the profit from the convention was \$2,627.63. Scholarship Fund donations and raffles raised \$147.00, Stained Glass Window donations and raffles raised \$126.93. WAVES National's share (75%) was \$1,970.72 and Florida State/Region XII was (25%) \$656.91.

MAY GOD BLESS AND HELP OUR SHIPMATES WHO ARE ILL AND SAY PRAYERS FOR ALL OF OUR VETERANS IN HARMS WAY.

North Coast WAVES Mission... (Continued from page 1)

was started by this hospice group to acknowledge and award veterans for their service to our country with a unique and exclusive pin and certificate.

A few dignitaries were on hand to address the crowd, talk with the vets and their families and enjoy the event. Lt. Governor Mary Taylor spoke to the women about their sacrifice for service, the unique issues women veterans face with health care, jobs and homelessness. She was awarded a North Coast WAVES Unit 21 Challenge Coin, as a thank you for her interest for the welfare and pride of Veterans in the state of Ohio.



Jennifer Baun, President of North Coast WAVES (Boardman) presents Lt. Governor with challenge coin.

Representative Connie Pillich made the trip all the way from the 28th District near Cincinnati to attend the event. She served eight years on active duty in the Air Force, is an associate member of the Fore and Aft WAVES Unit 72, and was also given a Unit Challenge coin as acknowledgment and thanks for her service in the armed forces and now as a champion of veterans' interests. Also in attendance was Sandra Kurt, Summit County Council Member-at-Large. As a long-time community advocate, she attended to show support of the efforts made by and on behalf of women veterans.

It was a successful event and had women veterans in attendance from all over the state; Cleveland, Youngstown, Zanesville, Cincinnati, as well as the Akron/Canton area. Every branch of the service was represented. Army, Air Force, Marines, Navy, Coast Guard and Army National Guardsman were all in attendance. It

looks like we may have picked up a few more associate members as a result of this event.

There are four members of the North Coast WAVES Unit 21 that currently hold positions on the Ohio Department of Veteran Services Women's Advisory Council, two of which are also part of the Women's Marine Association. The Council is an invaluable group that sees to the needs of women veterans throughout the state and offers programs and resources to them. By extension, the unit benefits from and assists with many of the initiatives of the council.

The next big event in the planning stage is the Ohio Women Veterans Conference on Saturday, September 28th. This is a bi-annual event held in the state's capitol city, Columbus. North Coast WAVES Unit 21 is well represented by actively planning with the council, members attending, and a booth to meet and encourage women veterans to become a part of the group. By focusing on the needs of all women veterans, we often partner with the Women Marine Association to remind others that women are veterans and that we have an obligation to see to their needs. By working together with other groups we have been able to forge great relationships and gain interest to remain active and continue recruiting members to continue the legacy that we have been given by our founding Women of the Sea Services.

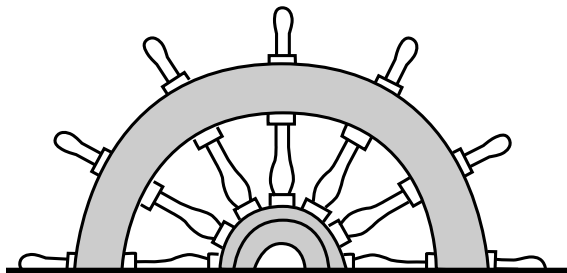
**ATTENTION! ATTENTION!
ATTENTION!**

Come one, come all.

**REGION XII FLORIDA STATE
CONFERENCE**

**Embassy Suites • Orlando, Florida
SEPTEMBER 26 – 29, 2013.**

**For information, please contact Barbara J. McGuire at:
813-571-2098 or 813-784-4041 or
Email: bdogwood@tampabay.rr.com**



FROM THE BRIDGE

FIRST VICE PRESIDENT

Betsy Waddell



I have pondered what to write about long and hard. And finally, not being able to see the forest for the trees, realized this; we need our members to step up and take jobs/positions in this organization. We have far too many open positions in the organization both at a local level and as State Directors, Regional Representatives and National offices. I do understand that we are all busy and are involved in and with other organizations, I really do. However, we do need people to step up (preferably younger than I) to take a job and lend a hand to get the organization stronger and vital again. Yes, so you've never done this before—this is why we have a Procedures Manual and people only a phone call away. We need new women with new ideas and attitudes to take this organization in new and positive directions. To show us what we are unable to see (having been busy looking at all the trees). We **NEED** fresh ideas and people. Please, reach out and take a position, investigate what is being done and do it better for all of us.

SECOND VICE PRESIDENT

Cheryl Adams



It has been a busy summer so far with Honor Flight fundraisers and other volunteer activities. We recently attended an event at one of our local horse therapy farms in LaValle, Wisconsin. Think I mentioned it in one of the past newsletters. One of my favorite people, Major General Donald Dunbar, Adjutant General for Wisconsin National Guard, along with several of his staff, arrived in a Black Hawk helicopter. The local Marine Corps League and American Legion Posts were there also. History of the farm and program was presented, along with tours of the house and barn. The horses received lots of carrots and treats from the visitors. After a nice picnic lunch provided by a local church group, the Marine and Legion units presented donation checks and a very impressed General Dunbar left with a promise to do whatever

he could to promote the program and generate support. It was thrilling to watch the helicopter take off, circle the farm and head for Madison.

Our Regional Representative and Badger WAVES Unit 39 President Kris Gancarz, and I are planning on attending the mid-term in Texas in September. I think Barb Turner has planned some fun things to do after our meetings. Kris is also planning a summer get-together for our Unit. My husband and I are off to Europe for three weeks after the mid-term so will barely have time to re-pack and run to the airport again. Hope all of you are having a nice summer.

TREASURER

Monica O'Hara



I hope everyone is enjoying their summer. This fiscal year has passed by so rapidly. It's hard to believe, but **Unit**

Financial Statements and Letters of Authorization are due by September 1st. Unit Treasurers, remember that the reporting year is August 1st to July 31st. Please refer to pages 3, 14 and 15 of the Procedures Manual for the report formats. This is an IRS requirement. You may send the report by email or regular mail, whichever is easier for you.

The following donations have been received for the general fund: Catherine Caryl (MAL), Sharon Leslie (First State Unit 10). Heart of America, Unit 009 also sent in a donation in memory of Evelyn Slayman. Terri Cook (MAL) made donations to the General, Scholarship and Stained Glass Window Funds. Unfortunately we have had another unit disband. Sand Dollar WAVES, Unit 60 donated a portion of their remaining monies to the General, Scholarship and Stained Glass Window Funds. Thank you all for your kind donations!

BYLAWS CHAIRMAN

Cathy Gerolimos



This is the last call for proposed changes to WAVES National Bylaws. Proposed changes must be received by me no

later than August 15. I will be presenting your proposed change(s) to WN Board of Directors at the Mid-Term Meeting in early September.

I know that I've said it before but, please include with your recommended change(s) to WAVES National Bylaws the article, section, and paragraph that you wish to change or add as well as a clear explanation for that change. Since I shall be your advocate for your proposed change, please explain in detail your purpose and/or intent so I can properly present your recommendation to the Board of Directors. To that end, please include your name, unit, and telephone number in case I need to follow up with you.

I have received input from only one region at this time. You can send me your recommendations via e-mail or snail-mail. You know where to find that, the National Officers & Staff, page 14.

SHIP'S STORE

Linda Coffield



Getting ready to travel to your Regional Conference? Don't forget to pack your WN shirts and jacket, don't have any?

Our **new sun visors** are the hot item this summer, Ship's Store has what you need, order now for quick delivery.



Check out our WN Ship's Store **FINE PRINT SPECIAL:**

Receive a **FREE WAVES** sewing kit with each order of \$20.00 or more (excludes shipping). Limit one free kit per customer. Orders **MUST:** 1) Total \$20 **BEFORE** shipping is added; 2) Specify "Bess Ross" on the August White Caps order form for your free sewing kit; & 3) **MUST** be received by September 30, 2013.

PLEASE NOTE: Use the **MOST RECENT** White Caps order form. Your order may be delayed if the correct payment and/or shipping are not included.

VA MEDICAL/HEALTH



Ruth Storck

From the American Legion paper - Vol. XV. No. 78 - On March 27, 2013 the Veterans Administration began a hotline to answer questions on health care issues and benefits - #1-855-VA-WOMEN or 1-955-829-6636. Callers can get information on women's benefits - health care services. They can be linked to claim information; education; appt information; VA cemetery information and memorial benefits. They can provide information for mental health services and homeless referrals.

Now and again I like to share my tips with you. I told you of my car go kit before. Now today I have another car tip. Attached to the 2 screws and under my license plate is a spare car key and house key. You only need a coin to unscrew the plate. No need to carry a screw driver everywhere. Recently I used mine; having lost my keys in Lowes. Thanks to the advice of my Dad when I got my license; I was not stranded in the lot.

Summers in full heat mode - do not forget your sun block and drink water/water/water to keep hydrated. Get out there and have some fun.

VOLUNTEER HOURS



Dulcie Davis

Hi Shipmates. As of July 1, barely 50% of the Units have turned in their volunteer hours. It appears it didn't do much good to extend the time for reporting.

I must say I am very disappointed. I should have had reports from the majority of the Units as most attended the 2012 Convention. Also very few MAL's reported hours. Maybe this hint would help you keep track. I am sure that most of you have calendars where you write Doctor's appt's on, etc. When you do anything that would count as volunteer hours, please write down those hours in the corner of the day you performed the volunteer hours and it would make it easier for you to keep track of your hours. On the positive side the Units that did report do have a very good number of hours. I hope it will be enough. Please try to keep better track of your hours for the next Volunteer Chairman.

I have been very happy to have been a service for WAVES National and will miss doing the report but as of right now my back won't allow me to continue. I will have one more article for the White Caps, reporting the final Volunteer hours.

Love you all and thank all that have gone the extra mile helping me get the Units hours.

Always Navy

HEARTSPRING PROJECT



Jeanne Hooper

Hope everyone is enjoying their summer as Heartspring collections roll on. Another 500 Boxtops are ready to go, thanks to all of you. Just a reminder of some of the products the pink "Boxtops for Education" come on: Kleenex, Progresso soups, General Mills cereal and breakfast products, Land O' Lakes prod-

ucts, Cottonelle moist wipes and Pillsbury rolls, biscuits, etc. Every boxtop is worth 10 cents, so keep 'em coming!"

PUBLIC RELATIONS



Barb Sebring

My husband and I just returned from a dive trip to the Philippines. It was the best diving we have ever done, so many colorful fish and corals.

I hope that every Unit has had a chance to set up a Dinner with Applebee's for our fund raiser this year. Whether you all go as a unit or individually it is important to help support WN. Groups of MALS could also get together and meet for dinner; you just need to contact your local Applebee's ahead of time. If you couldn't do it in July then set it up for Aug. You can go to www.appleamerican.com and click on contact us. You will need our EIN# 94-2747903 and Monica O'Hara's information. They will get back to you with confirmation and a flier that you can pass out to all your family, friends and members of WN. This is easy to do and just think, a dinner out and you don't have to cook! Let's all support this national fundraiser.

EXECUTIVE SECRETARY



Barb Turner

I mailed out the regional and unit rosters in June. I asked that each regional representative and unit treasurer or unit president verify the rosters and return the corrected information to me via e-mail



Save the Date

Ohio Women Veterans Conference

**Sept. 28
2013**

Aladdin Shrine Center
3850 Stelzer Road
Columbus, Ohio

registration: 8-10 am | conference: 10 am-4pm
For more info, visit us online at www.ohiovet.gov

**ATTENTION!
ATTENTION!
ATTENTION!**

**REGION VIII
CONFERENCE**

**THE PUTNEY INN
PUTNEY, VERMONT
AUGUST 8 - 11, 2013.**

For more information please contact Veronica Sujek, Reg VIII Rep at: (802) 476-3392 or email: ronnievt@myfairpoint.net.

or snail mail. This is an annual task that is very time consuming on my end and I would appreciate it if you are reading this and you have not yet returned the roster to me, please do it now. If everything is correct, then a quick note would be wonderful so that I know you received it and all is well. Thank you very much to those who have already returned the rosters to me.

We have lost three units since May (that I know of) and I would imagine that there will be more since some units only have four active members! I hate it just like you do but if we are to continue on as WAVES National then we must make some pretty drastic changes. We have tried three times since 1998 to change the name and that has failed each time. Most of our older members don't want to change, and the younger members who we are trying to recruit so that we can stay afloat won't join because they aren't WAVES!

Your WAVES National (WN) Board of Directors (BOD) is meeting the first week of September to discuss business, like our future. We need to open our active membership doors to the other services and let

them in and we need to do it now! If you didn't get a chance to attend one of the regional conferences or if your region hasn't had a conference yet, please submit your ideas – no matter what the topic is – to your regional rep ASAP so she can bring it to the midterm. Do you know who your regional representative is? See page 7 for a list of current regional reps.

My e-mail address has not changed in several years but I have received information that my e-mail address is incorrect in the White Caps. It is not incorrect, but just to clear it up there should be an "underscore" or "underline" between turners and 5 and not a "dash". Take care and keep in touch!

WHITE CAPS EDITOR



Judy Faries

The summer heat is on! I tried to get a little cooler by heading up to Pensacola to visit with my grandson who joined the navy this year and was attending school there. We toured the Aviation Museum there and he was really impressed with

the Women Aviation portion even though it is rather small. It is a start. I really liked the sign above the entrance "From Typewriters to Striker Fighter".

We will be traveling quite a bit this summer all over the U.S. I hope to visit with other members while on the road. While in MO I did get to visit with a lady from my bootcamp company. I showed her where to go to join WAVES National. I am trying to spread the word to all the ladies I meet who were in the service. Even if you are a member-at-large like me, you can still recruit.

Please keep the articles coming. They are so enjoyable. Please remember that if the article is large I may not be able to get it in. I assure you I try. Also, please remember that you are submitting the article or write-up a month in advance so when discussing a meeting to take place in July, for the August issue you need it to read as if you already attended the meeting. It is so hard to remember to do that.

Don't forget that the cut-off date for the next issue of White Caps is **1 September 2013**.

Combat, More Submarine Jobs Opening to Women

By Ed Friedrich and posted by OSC Jessica Myers in the Kitsap Sun

The Navy has few combat jobs to offer women, but it can expand opportunities on submarines.

Defense Secretary Leon Panetta announced Wednesday that lifting a 1994 ban will open 230,000 combat jobs to women. Only 5,000 are in the Navy, primarily corpsmen. Secretary of the Navy Ray Mabus followed Panetta's Pentagon news conference by saying women will serve on attack submarines.

So far, they have been introduced on larger Trident subs. At Naval Base Kitsap-Bangor, there are three women on each of the two crews of the ballistic-missile submarine USS Maine and the cruise missile-carrying USS Ohio. The next group is arriving this month, assigned to the ballistic-missile sub USS Louisiana. A similar contingent is at Naval Submarine Base Kings Bay.

Mabus said Thursday that he's pleased the Navy has completed an initiative he announced several months ago — to open new Virginia-class fast attack subs to women. Newly commissioned female officers have been selected for the subs and will join them in 2015 after completing nuclear power school. The teams each will have a more experienced female supply officer. Mabus said the Navy also plans to include female enlisted Sailors in the process.

The new Virginia-class boats are replacing those of the Los Angeles class. Nine are active, two under construction and seven authorized. None is expected to be based here (Kitsap, WA).

The Navy secretary said rescinding the Direct Ground Combat and Assignment Rule allows the Navy to expand opportunities for women in riverine forces and jobs like hospital

corpsman and chaplain that support Marine infantry operations. That comprises about 5,000 enlisted and 150 officer positions.

The Coastal Riverine Force was formed in June and conducts security operations in harbors, rivers and bays, near shore and ashore. It'll comprise 4,400 Sailors when it's built out in 2014. The Navy is working to determine how to assign women to the force, according to the Navy news desk.

Military chiefs were given until 2016 to determine whether Special Forces like the Navy's SEALs should allow women.

"Women continue to serve bravely and honorably at sea and ashore," Mabus said. "Drawing from their talent in additional assignments increases our ability to maintain readiness. We will meet the goals and time line laid out by Secretary Panetta, and we will continue to deploy the finest naval force in the world."

To qualify for combat positions, women must meet the same standards. Not all will be able to meet the qualifications to be a combat soldier.

"But everyone is entitled to a chance," Panetta said. "... We owe it to them to allow them to pursue every avenue of military service for which they are fully prepared and qualified."

The 1994 Pentagon policy prohibited women from being assigned to ground combat units below the brigade level. Brigades are based farther from the front lines. More than 280,000 women served in Afghanistan and Iraq in jobs like corpsmen and military police. Some were attached but not formally assigned to smaller and closer-to-the-action battalions, where it was difficult to keep them clear of combat. There were 152 killed.


SILVER TAPS


Please send all WN member Silver Taps information to Executive Secretary, Barb Turner (address on page 14)

WN MEMBERS

Rita J. Tilbury (Lofton) USN 003/CA	Carolyn M. Kimber (Myers) USN 080/NY
Margaret H. Conaway (Bliss) USN 006/PA	Marilyn H. Wicker (Halleen) USN 094/TN
Evelyn M. Slayman USN 009/KS	Janet L. Sullivan (Lau) USN 098/NE
Mary E. Samson (Simonson) USN 036/CA	Virginia O. Benson (O'Brien) USN MAL/CT
Ella A. Wiberg* (Rabe) USN 039/WI	Georgia E. Schlepegrell USN MAL/MA
Jeannetta F. Hermans* USN 049/NY	Delzie W. Ryon (Curlee) USN MAL/TX

NOTE: Evelyn M. Slayman, USN, 009/KS was mistakenly listed as a "Former" member in the June 2013 White Caps. She was a current member.

WN FORMER MEMBERS

Zita K. Meier (Kelley) USN 088/FL	Mary E. Robison USN MAL/AZ
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* WAVES National Charter Member

Gone, but not forgotten!

Naval Aviator's Flight Helmet Adds Another Story to the National Museum of Naval Aviation

Story Number: NNS130508-13 Release Date: 5/8/2013 3:38:00 PM

By Lt. Jonathan Bacon, Naval Air Technical Training Center Public Affairs

PENSACOLA, Fla (NNS) -- The Director of Strategic Planning Division for the Office of the Chief of Navy Reserve donated her flight helmet to the National Naval Aviation Museum during a brief ceremony, April 29.

Capt. Tamara Ryley's helmet will take its place in a display honoring women in naval aviation at the museum at Naval Air Station Pensacola.

Prior to the ceremony, the helmet was repaired and decorated by Aviation Survival Equipmentman 1st Class Laura Tejedaramos, an instructor at Naval Air Technical Training Center (NATTC).

Tejedaramos decorated the helmet with Army sergeant chevrons, in remembrance of Ryley's enlisted service in the Army as an Electronic Warfare Signals Intelligence Analyst, and a large red cross pattee bearing the words West Coast Hercs recognizing Ryley's department head tour with Fleet Logistic Support Squadron (VR) 54 and as officer in charge of Fleet Logistic Support Squadron (VR) 55. At the bottom of the helmet is emblazoned Ryley's call sign "GINSU" and a small Navy captain's eagle represents her current rank.

While standing in front of the Women in Naval Aviation exhibit, and before returning the refurbished helmet to Ryley, Tejedaramos said to the gathered crowd that she was honored to have been part of the project.

"I'm happy that the helmet turned out well, and that my contribution will be on display here at the museum," said Tejedaramos.

Ryley thanked Tejedaramos for a job well done and went on to explain the meaning of each of the decorations on her helmet.

Ryley also said that when she enlisted in the Army after high school, "I never thought I'd be a captain in the U.S. Navy."

Ryley then presented the helmet to National Museum of Naval Aviation Representative, Hill Goodspeed. He thanked Ryley and Tejedaramos, and reminded those in attendance that every item on display at the museum has a person and a story that goes with it, and that Ryley's story will now be included with those.

NATTC's Executive Officer, Cmdr. Vic Bindi, said that, Ryley's story will be an inspiration for female pilots and NATTC students for years to come.

Riley and Tejedaramos both had the same advice for women who want to serve in the Navy, "Remember it is what you make of it, follow your dreams, and have fun," they said.



Picture provided by Judy Faries, White Caps Editor, taken at the National Museum of Naval Aviation

WAVES National 2012 – 2014 Regional Representatives

<u>REGION</u>	<u>NAME</u>	<u>ADDRESS</u>	<u>PHONE</u>	<u>EMAIL</u>
I - Pacific	Lynneann Pine	1265 Aquirre Dr. Chula Vista, CA 91910-8176	619-947-6936	lynne.pine@yahoo.com
II - Northwest	Meridith Cox	1908 Colton Blvd. Billings, MT 59102-2316	406-256-3322	meridithc@businesswatch.com
III - Rocky Mtn	Sharon Woods	1105 W. 22nd St. Apache Junction, AZ 85220-7486	480-983-5082	sharonwds1124@q.com
IV - So. Central	Jill Slocum	128 Rush Haven San Marcos, TX 78666-3904	512-590-2119	jeslocum2003@yahoo.com
V - Mid-America	Michele Batliner	1000 E. Walnut St. Rich Hill, MO 64126-1338	816-315-9229	mbatliner@att.net
VI - No. Central	Kristin Gancarz	2301 Washington Ave. Racine, WI 53405-3553	262-632-2443	kgancarz@yahoo.com
VII - Great Lakes	Jan Roy	2917 Porter Court SW Grandville, MI 49418-1178	616-530-0142	jrroy4743@comcast.net
VIII - New Eng	Veronica (Ronnie) Sujek	75 Pleasant St. Barre, VT 05641-3445	802-476-3392	ronnievt@myfairpoint.net
IX - Appalachian	Jeanne Lemasters	1723 S. Bancroft St. Philadelphia, PA 19145-2204	215-582-3390	YNC4404@aol.com
X - Mid-Atlantic	VACANT			
XI - Southeast	Pam Devine	107 Dyer Dr. Shelby, NC 28152-8967	704-482-4570	gdevine@carolina.rr.com
XII - Sunshine	Barbara J. McGuire	2207 Ladywood Ct. Brandon, FL 33511-7014	813-571-2098	bdogwood@tampabay.rr.com

Regions are comprised of the following states:

Region I	Pacific	California, Hawaii, Nevada
Region II	Northwest	Alaska, Idaho, Montana, Oregon, Washington
Region III	Rocky Mtn.	Arizona, Colorado, New Mexico, Utah, Wyoming
Region IV	So. Central	Arkansas, Louisiana, Mississippi, Oklahoma, Texas
Region V	Mid-America	Iowa, Kansas, Missouri, Nebraska
Region VI	No. Central	Minnesota, North Dakota, South Dakota, Wisconsin
Region VII	Great Lakes	Illinois, Indiana, Kentucky, Michigan, Ohio
Region VIII	New England	Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont
Region IX	Appalachian	New Jersey, New York, Pennsylvania
Region X	Mid-Atlantic	Delaware, District of Columbia, Maryland, Virginia, West Virginia
Region XI	Southeast	Alabama, Georgia, North Carolina, South Carolina, Tennessee
Region XII	Sunshine	Florida, Puerto Rico

PLEASE KEEP HANDY FOR EASY REFERENCE

2013 WAVES National Scholarship Recipient and Essay



Jessica with her daughter Aaliyah

Aaliyah Myers is the daughter of OSC Jessica Myers, USN – a member of the Tidewater Tidal WAVES Unit 152

WAVES National wishes Aaliyah much success in all her future endeavors.

Essays are printed as written and have not been edited by White Caps Editor.

My Mother, My Inspiration

By: Aaliyah Myers

In the late seventies, the most influential woman in my life was born; my mother. Jessica Myers was born in November of 1978, in Tucson, Arizona. Also, by coincidence that same year Congress changed the USC Section 6015 law allowing women to serve in support roles on non-combatant ships. My mom's decision to join the Navy was not originally what she saw herself doing when she was growing up. She states, "I remember wanting to be a lawyer as a young girl, but I never had anyone to motivate me or talk to me about the importance of an education."

My mom did not have it easy growing up, as she was raised in a lower class broken family, often surrounded by negative influences and violence. In her own words, "It was not a great environment for a little girl to grow up in." When she was merely a sophomore in high school, my mom found out she was pregnant with me, and a "light bulb went off in her head." My mother took a step back and realized that she had to give her unborn child a better life than she had growing up, but still young, was unsure of how to go about it. The day she decided to join the Navy, she remembers, "I missed my bus stop and got off right in front of a Navy recruiting office. Something told me to go inside." My mother joined the

Navy in 1996, when I was almost a year old; she actually spent my first birthday in boot camp. She vividly remembers being called a "teen statistic" by her peers and that she would "never amount to anything." Her fellow peers definitely underestimated her.

My mother, Jessica Myers, strived for excellence in her career and personal life to prove those who doubted her wrong. In 1993, Congress repealed a law on banning women on combatant ships, and my mom was one of the first women to work on the female-friendly newly constructed USS Pearl Harbor (LSD 52). She took orders to the precommissioning detachment. Her work on that ship influenced others in the way that it changed perspectives and surprised people, becoming the most junior Work Center Supervisor. In 2000, my mother transitioned into the Naval Reserves and was relocated to Texas, where she was assigned to a submarine unit. Women were not yet allowed on submarines, but my mom worked on a few alongside her fellow male counterparts. Out of 64 units, she was one of the only women who were fortunate enough to work on submarines. However, there were times when she was discriminated against and told she had to wait in the chart house on the pier because she was a female. My mom quotes, "I used all of

that negative energy to help motivate me to work twice as hard." In 2007, my mother was deployed to Kuwait in support of Operation Enduring Freedom and Operation Iraqi Freedom, where she oversaw the Tactical Operations Center. She remembers, "out of 500 personnel in our battalion, there were only six female leaders." There were only five bases, so the Navy placed one female leader on each base. "I had female Sailors that looked up to me. I was their mentor and I had to set the example. When they needed anything, I was there. I understood them. I was their 'Sand Mama'," she says with a reminiscent smile. In 2007, after being in the Navy only 11 years, my mother became a Chief Petty Officer, which is very rare. Women make up only eight percent of the Chief ranks. She became a role model for other single parent women who were serving, showing them that they too can succeed if they do their very best. In 2010, my mom was selected to become the next Senior Enlisted Advisor to the Navy's Office of Women's Policy, knocking out 120 competitors for the position. Now, Chief Myers represents over 56,000 enlisted women serving in the United States Navy.

My mom has impacted many, from all different walks of life. On the surface level, her service impacts the whole

country, in the way that she fights for our freedom. However, her job has a much deeper impression on history. Her service as the Senior Enlisted Advisor in the Navy's Office of Women's Policy impacts people daily. "I am in charge of all things related to women in the Navy," she says proudly, "I deal with pregnancy, parenthood, and gender discrimination. I handle anything that deals with women and their rights in the Navy. I constantly receive emails from women pleading for help because they feel discriminated against for being pregnant and it makes me feel good to help them." For the last year, she has been working on rewriting a 70 page policy on Pregnancy and Parenthood (OPNAVINST 6000.ID), to make things easier for female servicewomen. The completion of this policy will, "Impact all women across the Navy, showing them what rights they have as mothers."

During our family's years in Texas, my mother was also a teacher while she was in the Naval Reserves. We lived in a little town outside of Houston and the military was not well understood among the small population. My mother's career as an elementary school teacher combined with her career as a Naval Reservist inspired people in the community. "I wanted to become a teacher, because I wish I would have had that one teacher who actually cared about me,

who could have led me down a different path growing up," my mom states. She taught history, so she did her best to instill a sense of patriotism in her students, as well as in the staff. Many looked up to her, and she used that opportunity to teach children about the military and mentor them on ways they could better their own lives like she had. When she was notified that she was going to be deployed to Kuwait, the whole town came to the school where she worked and held a surprise going away celebration. Everyone was sad to see her go, but now they saw it in a different light. "I deployed as a single mom because I knew, when I enlisted in the Navy, that this was a part of my job. I am fighting for all of the children I taught, friends I have made, and even strangers because this is what I signed up to do. I have a responsibility to fulfill the duties I promised this country."

On a personal level, my mother has impacted my brother and me to the fullest extent. Both of our fathers are absent in our lives, and she has been the most amazing single mother. When I was young, I did not understand her service or the importance of it all. As I grew up I realized that her service has not only saved lives, but changed lives also. I can honestly say that I would not be the person I am today without my mother's service. She has instilled in me

a strong work ethic by her example. She has taught me how to work hard for what you want, earn everything you have, and that change is not always a bad thing. I have been uprooted from my home numerous times, I have had to leave friends behind, and I have had to be the new girl many times. But, I have also traveled the country, lived in a healthier environment than my mother grew up in, and had better opportunities because of my mother's service in the Navy. I would not trade my mother's service for anything in this world, because it has made her better in every aspect of her life. I have goals and dreams that are attainable, and I thank the Navy for that. If my mom hadn't joined, we would have been in Arizona, still living in poverty and repeating the cycle. Thinking back to my mother's story about how she was called a "statistic", I just smile, because she has turned out to be the exact opposite. She proved everyone wrong, and opened eyes to a woman's capabilities in the Navy. Growing up, my mom always told me, "I joined the military to better our lives." However, it is not only my life she has changed, but it is also the thousands of lives she has touched along her journey as a servicewoman and the lives of all the future women who will join the Navy, that will be impacted by the policies she writes.



ATTA-WAVE AWARDS



Wynne Van Citters was honored as Volunteer of the Year by the VA Greater Los Angeles Health Care System. She was honored for her work in the needy veterans clothing room where she has worked for the last 7 years. Wynne is a member of the San Fernando Valley WAVES Unit #86. Way to go Wynne. Congratulations!

Wynne Van Citters receiving her reward as Volunteer of the Year.

FOAM OFF THE WAVES

GATEWAY WAVES

Unit #5 (MO) – Our WN unit reports reflect the fact that our membership, volunteer hours and involvement in Veteran Activities remain "stable"; 25 members and an average of ten (10) members attending our monthly luncheons. **COME JOIN US.** For meeting information please contact: **Shirley Walz 314-882-4249 or sjwalz59@gmail.com.**

HEART OF AMERICA

Unit #9 (KS) - Unit 9 had a great turnout for our June meeting. We welcomed our newest member, Beverly Heath. She joined the Navy right after high school and attended both boot camp and Yeoman's school in Bainbridge, MD. She met and married a Navy man and spent the next 20 years as a Navy wife. We are so happy to have her in our unit.

It was nice to have Lucy Livingston and one of our charter members, Arline Miles with us again.

Everyone had so much fun talking we almost forgot to hold our meeting!

Individually wrapped snacks were collected for the Hospice Unit at the Kansas City Veterans Hospital along with monetary gifts.

Our next meeting will be held at the American Legion Post #370 in Overland Park, KS on Saturday, August 24th, at noon. **For more information please contact Michele Batliner at 816-315-9229 or email at mbatliner@att.net.**

NORTH COAST WAVES

Unit #21 (OH) – NCW had a successful Women Veterans Picnic on the Patio held Sunday, June 9th. It was a beautiful day and many active duty and female veterans came. Our unit achieved the goal of hosting an event to bring other women together for a day of food, fun and information. It looks like we may have even obtained some membership out of the gathering!

We followed that up with the Cleveland Indians Red, White and Blue Salute to Women Veterans. This is the only major league team to hold this type of pre-game acknowledgement in the country and we were proud to be a part of it. There was a pre-game parade around the field, an all female color

guard, a female vet got to throw out the first pitch and a great day to watch the game (even though our Tribe lost).



Cleveland Indians Red, White and Blue Salute to Women Veterans pre-game parade

To think this is just the beginning of our summer. We have more planned with fairs, parades, the Ohio Women Veterans Conference and a possible rededication of a women's memorial at Rittman National Cemetery. **For meeting information please contact Jennifer Baun 330-788-8488 or e-mail.**

SAN DIEGO STARS & STRIPES

Unit #36 (CA) - Unit 36 held a luncheon meeting at the Seven Seas Restaurant and there were about 18 members present.

The Pillow Project has been a great way for the ladies to come together early to stuff pillows and chat before the meeting. To date we have contributed 990 pillows to the USO. Awesome job ladies!

We also remembered Mary Samson, who passed away just before the meeting date and she will be missed.

A decision by those present was to make \$100 donations each to WIMSA, Wounded Warriors of San Diego, VA Hospital for the Women's Program and Veterans Museum and Memorial Center. **For meeting information please contact Roxanne Jones at rjones@score.com.**

BADGER

Unit #39 (WI) – Our shipmate and founder of Badger Unit #39 of WI, Ella A. Wiberg, passed away June 24th. Ella was the driving force in organizing the unit and recruiting close to 100 members for the first meeting back in March 1987. She also acted as State Director and was elected as 2nd VP of WN. Ella was chairman of the 1994 WN Convention held in Milwaukee which was a huge success. She was a great leader and a real patriot.

A donation in Ella's name will be sent to The Women's Memorial in DC.

Our next meeting is scheduled for Sept. 21st. **For meeting information please contact Claire Krolick at 262-782-6215 or peach@ww.rr.com.**

NORTHWEST FLORIDA WAVES Unit # 52 (FL)

- "Our SALUTE" luncheon held in May was a huge success, thanks to a great team of ladies who worked hard to put it all together. Our thoughts and prayers are with former unit president Linda Balink-White on the passing of her husband, Philip. Philip was an honorary Unit 52 member, a staunch supporter of Military women and few could tell a sea story as he could!"

For meeting information, contact Jeanne Hooper at JCHopper@cox.net.

GULF COAST DOLPHINS

Unit #56 (FL) – For Memorial Day, Unit 56 placed flags on the graves of service men and women at the Venice Memorial Garden. This is a tradition the unit started 23 years ago. Our Past President Claire Moore and Associate member and Secretary, Denise Costa US Army, (Ret) spoke at the ceremony about their time in the military.



Our Past President Claire Moore and Associate member and Secretary, Denise Costa US Army, Retired

A picnic lunch was served and biodegradable balloons were released with our deceased Military Heroes names on them.

At our meeting we voted to each contribute \$5.00 to the WN treasury instead of doing the Applebee's fundraiser.

On July 17th Unit 56 celebrated their 25th Anniversary with a party at Claire Moore's condo on the Venice Island.

We have a new member this month, Rose Deck. She hails From TX. Rose was stationed at NAS Alameda from 54-55 as a Yeoman. This is our second Korean War Veteran to join our unit this year. Welcome Rose and Marylou.

Meetings are held every 3rd Wednesday of the month (except July & August) at Heron Creek Country Club in North Port at 11 AM. **For meeting information please contact Andrea (Gondek) Cadieux at 941-564-6056 or email at akc7871@gmail.com.**

FOAM OFF THE WAVES

POCONO AREA WAVES

Unit #73 (PA) - Members of the Pocono WAVES unit #73 met on several occasions during 2012. They have enjoyed lunch dates, and have had the pleasure of donating to special organizations. At one of the luncheons a guest student, Erin Padden (granddaughter of President Helen O'Hara) was honored to attend the meeting. Erin had the pleasure of speaking with the ladies regarding her Senior Project, about "Females Veterans." Notably; her teachers were very impressed with the project, and all of the information she was provided by our veteran woman. President Helen O'Hara and the Pocono WAVES are looking forward to spring, and future endeavors of 2013. They will be celebrating 20 years as the Pocono Area WAVES.



Pictured are the women of the Pocono Area WAVES and Erin Padden

REDWOOD EMPIRE WAVES

Unit #77 (CA) - Since my last report there have been a couple of noteworthy events. In May about 14 of our members had a family-style luncheon at a Rohnert Park restaurant with great Chinese food and fellowship. We were each given a fresh red carnation for Mothers Day.

No meeting was held in June, due to many conflicts. We are hoping that there was a big turnout for the Applebee fundraiser in July.

The Petaluma Veterans building has new owners and our unit is awaiting a decision on whether the contract for use can exempt the required liability insurance, which we cannot afford. However, we can still meet there until the decision is made. **For meeting information please contact Bettie Crandall at (707) 838-4035.**

VOLUNTEER UNIT

Unit #94 (TN) - Several members of WAVES Unit #94 traveled by bus to Gatlinburg, TN on 3 July 2013. Along with members of the Nashville Women

Veterans of America unit, we were "Grand Marshals" of the 4th of July Parade. This year Gatlinburg was honoring military women veterans.

We chartered a bus and left Nashville at 1300 on Wednesday, 3 July, stopped in Knoxville to pick up some more members coming from Chattanooga, and proceeded to Gatlinburg. We arrived about 2000. There was a small meet and great with food and drinks, then we were transported to the float staging area downtown. Some members walked the parade route while others rode aboard the float.

The parade started at one minute after midnight, making it the first July 4th parade in the U.S. After the parade we boarded our bus and returned to Nashville.

FLATWATER WAVES

Unit #98 (NE) - Our Nebraska unit met on 18 May 2013 at the Barn Door in Ceresco, Nebraska with eight members present. Margaret Nehring read a selection, "Your Best and Worst Things That Happened When in the Navy".

We later learned that one of our older members, Janet Leu Sullivan had passed away on the 16th of May in Lincoln. Janet was 94 years old, and had been in the Supply Corps during WWII, as a LT (jg). She enjoyed entertaining our group many years ago at the Lincoln Country Club. Several of our members were able to attend her service.

Marjorie Neill invited us to her retirement home, Legacy Estates, in Lincoln, for our July meeting on the 20th of July at 11 am. We ate in a private dining room and enjoyed seeing her new home.

OCEAN STATE WAVES

Unit #118 (RI) - We are saddened by the death of Ocean State Unit 118 member Jean M. (Teresino) Yarnall who passed away 23 April 2013 at the Brentwood Nursing Home in Warwick, RI. Jean was a WWII veteran and a charter member of Unit 118. She was a very active member and supporter of the unit since its inception in 1991 serving in a number of officer positions and for 13 years was the editor of the unit newsletter. Jean was a true patriot who served her country with pride and dedication. She will be missed by all who knew and loved her.

We have scheduled meetings for six times per year, doing our best to avoid stormy weather. In addition to business meetings we planned special events for our enjoyment.

Our annual summer picnic will take place at Virginia Hanson's home on August 8th, rain or shine. Bring a dish and a friend. **For meeting information please contact Shirley Hill at (401) 294-2434 or email at fganson@aol.com.**

LAKE ERIE

Unit #128 (OH) - Stranleigh Manor at Wildwood Park in Toledo, OH invited members of our unit to be their guests for their June tea. The theme for this tea was "Women of Victory: Celebrating the Women of World War II - home front and abroad". Two of our unit members, Marian Elfring and Jeanette Fleischman attended the tea along with about 6 other WWII women veterans. All of the women enjoyed the tea and the opportunity to chat with members of other service branches. Mrs. Elfring brought her WWII uniform for the display and we had a photo of one of our unit's Christmas gatherings on display as well. **For meeting information please contact Sara Feldbauer at sfeldbauer@roadrunner.com.**

TRIANGLE SEAGALS

Unit #144 (NC) - We agreed on two things at our February meeting: (1) we will be meeting at Perkins Family Restaurant on a permanent basis from here on out (unless they cancel us because we don't keep up our attendance numbers so we can have that nice room. (2) FROM NOW ON, meetings will begin with LUNCH at 1200 hours, followed by our business session/program.

Our speaker for our June 15 meeting was Mr. Michael Dorman, Executive Director of MILITARY MISSIONS IN ACTION, a local organization whose mission is "Dedicated to assisting veterans with disabilities, members of the Armed Forces, and their Families". Their vision for the future is to set the standard of support for our veterans with disabilities, members of the Armed Forces and their families by engaging neighbors, businesses and organizations.

Remember our meetings start WITH LUNCH at 1200 hours at Perkins Family Restaurant, Lake Pine Plaza, Apex, NC. "Sea" you....

For meeting information please contact Norma Schrader at (919) 303-8205 or email at marjoo1971@gmail.com.

MEMPHIS BELLES

Unit #151 (TN) - June 15, 2013 the unit members attended the NSA Mid-South Retired Activities Seminar where we set up a booth and actively recruited new members in the local area.

FOAM OFF THE WAVES



NSA Mid-South Retired Activities Seminar 15 June 2013 - Left to Right: Marie Bates, Linda Coffield, Meribeth Patton, Becky Dickinson, Barbara Booth, and Sally Burnham.

The picture above that the Unit is holding was recently donated by Becky Dickinson to the Tipton County Veterans Memorial and Nature Trail. It is highly encouraged for anyone traveling through Covington, TN to stop in and visit, it is FREE. The Memorial is very nice and has a short trail to walk along. Additionally, during the Retired Activities Seminar we had a separate room where we had refreshments and worked on our UNIT Scrapbooks. Becky's daughter was there to assist, as she is an expert at scrapbooking, and offered up TONS of supplies and cute cutter machines for our use. We have several new pages for review and the scrapbooks will be available to look at in Nashville at the Regional XI Conference.

If you are interested in attending the Regional Conference 20-22 September 2013 and need more information please don't hesitate to contact: Betsy Mays (Nashville area) at email: wave10ec@charter.net or Linda Coffield (Memphis area) at email: LMCoffield@comcast.net. They will be more than happy to send you information and registration forms. Do not delay!!! Hope to see you there.

TIDEWATER TIDAL WAVES

Unit #152 (VA) – Members of the unit participated in the Memorial Day services at the Albert G. Horton Jr. Veterans Memorial Cemetery.

We celebrated WAVES 71st anniversary with a luncheon at a local restaurant. Semi-annual auction was held as a fundraiser.

Judith Curtis, Director of Volunteer Services at the VAMC, attended our meeting and provided training.



Unit photo taken by Ethan Everett Bridgmon the grandson of Linda C. Mitchell.



OSC Arlene G. Rios (l) and LTJG Ann Marie Dixon-Leach (r) place a wreath in remembrance at the Albert G. Horton Jr. Memorial Veterans Cemetery in Suffolk, VA.

For meeting information, contact Judy Perry, 757-545-1988 or Perry-wave@aol.com.

FOX CITIES WAVES

Unit #153 (WI) – Unit 153 members had a great time in the Memorial Day parade. We had two cars decorated, with 3 girl scouts carrying our banner ahead of the cars. Two of our 90+ years young members were able to ride with us: Cody Splitt & Grace Gebhardt.



The Memorial Day Parade group pictured left to right: Cody Splitt, Grace Gebhardt, Mickey Parker, Tony Webb, Maureen Radtke, Carleen Smith, Ron Parker, and Nancy Packet.

We had a celebration for our July meeting & honored our 6 members who will be 90 or over. For meeting information please contact Maureen Radtke, President of Fox Valley Waves at mrادتke8@new.rr.com.

SALT RIVER WAVES

Unit #155 (AZ) – Our May meeting was a departure from the norm. Members packed a brown bag lunch and met at Mary Ellen's Place for a tour of the facility. It houses homeless women veterans until they get on their feet. We maintain contact with Joan Sisco of Veterans First and try to answer some of their needs. Some are as simple as a new large coffee pot for groups to use when they gather there. Sometimes we have gently used furniture for the next facility which will house women veterans with children.



Pictured left to right are "brown baggers"; Lori Elander, Margaret Waldron, Kathy Laurier, Lynn Engels, Diana Green, Martha Alderman, Georganne Bickle, and Joan Sisco.

For meeting information please call Vee Flayter, President of Salt River WAVES at (623) 362-9040.

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Don't Miss The Boat!



Region I and Region III Cruise to Alaska

By Sharon Woods



From the Alaskan Cruise in the area of Tracy Arm & Sawyer Glaciers



Pictured left to right; Michelle Busch, Patty Koppari, and her sister, Jouay Koppari, June Tilley and her daughter Colleen, Linda Coffield and her friend Linda Sherry

Only one word will do for our cruise to Alaska, BEAUTIFUL! Eight WAVES National members went on what was supposed to be the Region I and III cruise to Alaska in May. The only regional members in attendance were Roxanne Jones from Region I and Sharon Woods and Lou Ann Huskisson from Region III. The other WN members were from various other units and regions.

We left Seattle, WA on May 19th at 4:00 PM and cruised all day on the 20th. The seas were a little rough for some but, there were magical sea sick pills for those in need and then things got better for everyone. We all got a free lunch at the Pinnacle Grill.

The next day we cruised a fjord with icebergs, mountains and waterfalls. The weather was perfect with plenty of blue skies. Our next stop was Juneau, AK and five of the ladies went dog sledding. I took the tram to the top of Mt. Roberts and did some shopping at my favorite store, the House of Russia where I bought a couple of the wood stacking dolls. I really enjoyed the brewery tour at Alaskan Brewery and came back feeling pretty good. The rest of the ladies went shopping.

In Sitka, AK several of us went on the Sea Otter and Wildlife Tour and we saw lots of eagles and some otters. I also took a tour where I got to see a humpback whale and I got fluked three times; and I was happy that I got to see a mama bear and her two cubs.

In Ketchikan, AK Roxanne and Lou Ann walked around town and took a tour of the area; the rest of us went shopping again. Our favorite store was Christmas in Alaska.

Our last formal night was filet minion and lobster tail with Baked Alaska for desert. They asked for all to cheer on their waiters and our table's waiter won. That night we pulled into Victoria, BC. A couple of the ladies did the High Tea at the Emprise Hotel and I went on one of those Duck Boat tours, which I do not recommend! Back home to Seattle the next morning and another cruise has been completed. We are all looking forward to our convention cruise next year of the Eastern Caribbean on the Allure of the Seas.

“SAVE THE DATES”

Regional XI is having their conference in the Music City... that's right... Nashville, TN.

20-22 SEPTEMBER 2013

POCs: Betsy Mays or Linda Coffield

Emails: wave10ec@charter.net for Betsy

LMCoffield@comcast.net for Linda

We will be more than glad to send you information and registration forms.

Room rates:\$98 plus tax per night.

MARK YOUR CALENDARS!!!

REGION IX CONFERENCE

The Flanders Hotel
Ocean City, New Jersey

NOVEMBER 1-3, 2013

For information, please contact Jeanne Lemasters, Region IX Rep. by email: YNC4404@aol.com or by phone: 215-582-3390

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www.coastalprintinginc.com

Miscellaneous Information:

- Conventions are biennial.**
- WHITE CAPS is published six times a year: Feb., Apr., June, Aug., Oct., and Dec. **Items for publication must be received by the 1st of the month before publication.**
- National Dues: \$25.00 for the calendar year - 1 January to 31 December, submitted to the National Treasurer. Unit members submit to Unit Treasurer; Members-at-Large, submit directly to the National Treasurer.**
- When dues have been paid by new members,** membership cards will be issued to Unit Treasurers and individually to Members-at-Large. Current members who pay dues will not be issued another membership card. Life members will be issued a permanent Life Membership card.
- All changes of address must be forwarded to the Exec. Secretary sixty days before moving, if possible. There will be no re-mailing of WHITE CAPS unless the member forwards \$7.50 to Monica O'Hara, Treasurer.
- You may submit your White Caps articles via e-mail to Judy Faries at, Mizjudy97@gmail.com with a copy to Jo Adamson at hmcadamson@yahoo.com.

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NO Phone or E-mail Orders - **Make Check/Money Order to "WN SHIP'S STORE"** **Total Due**

MAIL CHECK WITH ORDER FORM TO: LINDA COFFIELD, 3902 LOWIN COVE, MEMPHIS TN 38128-1913

Questions? Call: (901) 372-9028 ♦ or write lmcoffield@comcast.net

Name Badge w/WN Logo \$12 Brushed Gold Plastic w/Bold, Black Letters, Double Clutch back (Magnet back On Request) Name on Badge: _____ (Nickname/Maiden/Other Info) _____ USN USCG USMC Years/From: _____ To: _____ WN Unit Name & Number: _____	Outgoing Officer Pin w/WN Logo \$9 Brushed Gold Plastic w/Bold, Black Letters, Double Clutch back Name on Badge: _____ Office Held: _____ Years in Office: From _____ To _____ WN Unit Number: _____
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WN Logo Flag \$80 3'x5'; All Weather Nylon; Double-thick; 3-Color Logo screened Front & Back	Travel Alarm Clock \$6 Pop-Open, Digital w/lighted face & WN logo on Blue Case 2 1/4" x 2 3/4" x 1" Closed	Wrist Watch \$28 2-tone (gold & silver) w/second hand White face w/WN logo & 12 numbers; Black leather band (7 5/8"); Gold gift box	Jacket Navy Blue w/WN Logo Zipper Close: Small - 2x \$35 Snap Close: SM - 4X \$25
Golf Shirt \$25 Navy or White w/WN Logo SM-MED-LG-XL-2X-3X-4X	Sweatshirt \$20 Navy w/WN Logo SM, MED, LG, XL, 2XL	Apron \$10 Bib-style, Navy w/White Logo Adjustable neck-One Size	T-Shirt \$10 Navy w/White screened Logo SM-MED-LG-XL-2X-3X
Anchor Lapel Pin \$4 Original Hat Pin Style, 1/2" with single pin clutch back	Necktie \$8 Women's USN - Black w/Velcro closure-One Size	Waist Bag \$10 "Fanny-style"; cotton canvas w/ Embroider logo; 2 zips; adj 30" /4	Ballcap \$12 Navy w/Embroidered Logo Soft style - Adjustable
Small Patch \$4 SPECIFY: WN Logo OR Service (Navy, Marines; Coast Guard, Army, Air Force) Size vary 2 1/2"-3"	Anchor Patch \$5 WAVES Anchor & Prop Embroidered in Blue & Grey on White background; 4 1/2" diameter	Large Patch \$10 WN Logo; May be sewn or ironed on back of jacket or vest. Size 8 1/2" diameter	Teddy Bear \$7 W/Service Patch on Belly SPECIFY: Which Service
"Original" Hat Pin \$10 WAVES w/Anchor & Prop	USN Hat Pin \$4 Spread eagle w/USN	WN Logo Charm \$7 Round, Enamel WN Logo (1/2")	Anchor Charm \$7 Original Hat Pin Style (3/4")
USN- Patriotic Ribbon Pin \$4	WOMEN Vets Patch \$5 "It time to honor & support them"	WAVES Sun Visor \$12 Yellow w/ embr logo, adjustable	WN Logo Bottle Cap Earrings \$7 - stars or hearts
WN Logo Lapel Pin \$4 Round, Enamel WN Logo	Service Logo Lapel Pin \$4 SPECIFY: Navy, USMC, USCG, ARMY, AF	Magnet \$1 Flat, 2 1/2" Circle; White w/WN Logo	Luggage Tag \$2 Blue plastic w/WN Logo
Anchor Earrings \$14 Pierced, Original Hat Pin Style (3/4") (Clip-on Available on Request)	WN Logo Earrings \$12 Pierced, 1/2" Round Enamel WN Logo (Clip-on Available on Request)	Songbook \$8 SPECIFY: "Songs WAVES Sing" OR "Bainbridge Bootcamp Songs"	Letterhead OR Notes \$5 SPECIFY: 20 Sheets WN Letterhead OR 10 Single-fold notes w/envelopes
Dogtag Lapel Pin \$5 Dog-tag shape, 3/4", silver-color pin w/ chain says: Women Proudly Served	"NEW" T-Shirt \$12 Gold w/Blue screened logo on back and small logo on upper left front. S/M-LG-XL-2XL-3XL-4XL	License Frame \$2 Top: WAVES National Bottom: Women of the Sea Services	Decal \$1 WN Logo for cars, etc SPECIFY: Blue/White OR Blue/Yellow
Portfolio \$15 Soft Vinyl Black w/Silver Trim; Dark Blue WN Logo (on silver) 9 3/4" wide x 12 1/4"	Pen \$2 Bright Blue color w/WN Logo & WEB address printed in white Blue Ink; Retractable; Nice Weight	Sewing Kit \$2 Blue Case w/WN Logo & WEB address printed in white; 2"x3 1/4"x1/4" Needles/threader/scissors/pins, etc.	WN Bumper Sticker \$1 Two-tone blue WN emblem and dark blue letters on white; glossy paper; Approx 3" x 10
Garrison Cap \$22 Ladies' Style, Dark Blue, lined w/WN Logo Patch on Left Front 55% Poly/45% Wool; DRY CLEAN ONLY Sizes 21, 22, 23, 24 & 25 (Measure Circumference of your head; Add 1 & ROUND UP for Size)	Coin OR Medallion OR Keychain \$10 Front: WN logo in gold, silver & blue Back: three raised images; Coin has gold, diamond cut edge; Medallion (on blue ribbon) & Keychain w/ring have smooth silver edge ~ Approx 1 1/2" diameter CALL for Quantity Discount Info		

WAVES NATIONAL

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Flower Mound, TX 75022-7040

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MEMBERS: If you are going to be traveling from time to time, why not send **Monica O'Hara \$7.50** to have your WHITE CAPS sent via first class mail. This way, you will never have to miss an issue. Thank you!

ADDRESS CHANGE FORM

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(Paste WHITE CAPS label here)

NEW ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE # (_____) _____

area code

(Check here if unlisted)

EFFECTIVE DATE: _____

Mail to: **Barbara Turner**, Executive Secretary
9105 Shoshone Trail, Flower Mound, TX 75022-7040

MEMBER-AT-LARGE MEMBERSHIP RENEWAL FORM

(Dues period 1 January to 31 December)

Please type, print, or use address label

Date _____

Name _____ Member ID # _____

Address _____ (Find on WHITE CAPS address label)

City _____ State _____ Zip Code _____

Telephone Number (_____) _____ (Check here if unlisted)

Check # _____ Tax Deductible Donation Included \$ _____ Dues for 1 year are **\$25.00** • Check Amount: _____

Please enclose a check or money order for **\$25.00** for dues for one year, made payable to WAVES National, and submit with this form to the **National Treasurer, Monica O'Hara, 6383 Kimmy Ct., San Diego, CA 92114-5631**

New members use WN membership application only.

The Life Membership rate for those 90 years or older is \$30.