



White

CAPS

The Newsletter for WAVES National

Still Something Special

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APRIL 2013

WAVE from the Past: Senior

Story and photos by Chief Mass Communication Specialist (SW) Sarah Langdon, Commander, Navy Reserve Forces Command Public Affairs

I recently had the opportunity to interview retired Senior Chief Yeoman April Maletz for a TNR article in honor of Women's History Month. She has 27 years of service under her belt, 12 on active duty and 15 in the Reserves. I first met her last year during my chief petty officer (CPO) induction season and was in awe of her passion for naval history.



Surrounded by Bluejacket Manuals, old, yellowed newspaper clippings and black and white photographs of uniformed women from World War II, Maletz picks up one of her latest acquisitions, and holds it up for me to see. It's an original Women Accepted for Volunteer Emergency Service (WAVES) newsletter from the mid-40s titled "Anchors Aweigh, A Bulletin for WAVE Enlistees from the 12th Naval District." She found the publication in a collection of WAVES and World War II items sold through an estate sale. Maletz warned me from the outset that she hadn't had the opportunity to go through all of the artifacts she brought in the two canvas bags, two large plastic bins and myriad boxes to my home. Now, after a lull in the conversation, she excitedly pores through the WAVES publication. Occasionally reading parts aloud, she comes to a page on how to sing "Anchors Aweigh" and gives a shout of triumph. "I had three different WAVES from three different places tell me that 'Anchor's Aweigh' was sung together with, and in harmony with, the WAVES song," she gleefully holds up the booklet she has been reading and displays the page. "Here it is! I finally found it in black and white!"

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The President's Message

Greetings:



I can't believe it's almost spring. Time really flies when you're having fun. We have finished with the Sebring (FL) Military Ball sponsored by the Veteran's Council and Advisory Board. Even though the smallest unit

on the Veteran's Council, the Highlanders WAVES National Unit #88 was selected as the "Unit of the Year" due to the vast amount of time spent and volunteer hours the unit donated this last year. Bravo Zulu!

I am sorry to say that Harriett Howard has tendered her resignation as the WAVES National (WN) VAVS Rep due to ill health. She has held that position for over 16 years and was elected as "Volunteer of the Year" by the Veteran's Administration in 2005. Harriett's leadership and continued support will be

greatly missed. I am pleased to announce that Kathryn Hare from the Triangle Seagals WAVES Unit #144 has taken over as the VAVS Chairman. We wish Harriett a fast recuperation.

Betty Kelly, the Regional Representative from the Mid-Atlantic Region X, also tendered her resignation because of ill health. Get well soon Betty. Here's hoping everyone else stays healthy.

March was "Women's History Observation Month" and I had the honor to be the guest speaker for the joint NRD Miami/NRS Brandon luncheon on March 25th at MacDill AFB. I hope that there were many chances for our members to get out and be recognized.

The WN board of director's mid-term meeting will be held in the Dallas area from Sept 05 - Sept 08, 2013. Information about the schedule and itinerary for meetings will be e-mailed to the board members. If any unit members or

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The Presidents Message (Continued from page 1)

members-at-large have any questions or suggestions that they would like brought up or discussed, please get in touch with your regional rep.

May God bless and keep each one of us and our sea service sisters in good health and out of harm's way.

WAVE from the Past: Senior (Continued from page 1)

She continues going through the booklet, not skimming, but reading word for word each page until she comes to a variation of a well-known tune titled, "Yankee Doodle Dandy's Daughter," and begins to read aloud. "Yankee Doodle Dandy had a daughter, She was the apple of his eye, He gave her everything she ever wanted, But to help her Uncle Sam, she said, 'Goodbye.' In the beat of her heart is the Navy, As she proudly wears the colors blue and gold, As the flag waves above, O'er the land she loves, She salutes you, Ensign of Old." As she comes to the last line, her voice breaks and she is quiet. Her eyes fill with tears. "Say 'hello' to our men on the ocean, Send the word around to all our Fighting Braves. Tell them they're not alone, they will find at home, A shipmate in the WAVES."

"I'm sorry," she says. "That last line really hit me. It really says it all right there. This country really was together for a common goal. This was the first time that an entire country saved the world. And because they allowed the women in the Navy to release a 'man to sea,' they were supporting their men, not only on the home front, but they were also supporting our men by being in the same service... wearing the Navy blue. And the guys knew they could come home and we would still be there for them. The tie-in for the Navy and how that line was written was just so poignant."

I pick up on her use of "we" when referring to women who served approximately 70 years ago. Of course she wasn't there in 1945 when the men came home, but her passion for the subject places her squarely into the story nonetheless.

Maletz became involved with the WAVES in 2003 after a friend invited her to a local meeting. Her journey since then has allowed her to become friends with some of the greatest women in American naval history. She carries a scrapbook with her, a gift from one of her friends, former Senior Chief Personnel Specialist Betty Hand. Inside are pictures of Maletz with the first female master chief petty officer in the Navy, Retired Master Chief Yeoman Anna Der-Vartanian, who passed away Aug. 4, 2011 at the age of 90, and with WAVES National founder Jeannie Harrington Dicks.

She speaks with warmth and familiarity about the character, humor and personality of these women, and loves to share the stories they've relayed to her. For many they are names in women's naval history, but to Maletz, they're her friends.

"I've been so lucky to have met and am blessed to call my friends former WAVES – to have them tell me their history, and I have to pass it on," she says. "To be able to learn something from someone that was there, to feel how they felt at that moment, and then pass that first-hand information to a group is so much fun - it fuels my passion to learn more and get out and meet more veterans. To pass on their legacy is humbling and amazing all at the same time. I think that is why I love talking with the World War II veterans. I need to hear it from them to pass it on. It is a circle that never ends, and as long as I have my 'toys,'

(NOTE: An error was made in my article in the Feb. 2013 White Caps. I stated that the Procedures Manual and Convention Minutes would be available shortly. The Procedures Manual will be available after the mid-term meeting and the convention minutes were mailed out in March. – My apologies.)

and I have first-hand stories I'll keep passing the history on. History is a living thing that needs to be passed on — one generation at a time."

When Maletz, says "toys" she means items such as her books, her CPO anchors — of which she has nearly 20 from different eras — and a growing collection of "Ruptured Duck" and World War II Sweetheart pins. I was already familiar with the Ruptured Duck pins having listened to her naval heritage presentation the year before. She had explained to our CPO selectee class that they were worn on uniforms by World War II servicemen and women and on those about to leave the military with an honorable discharge.

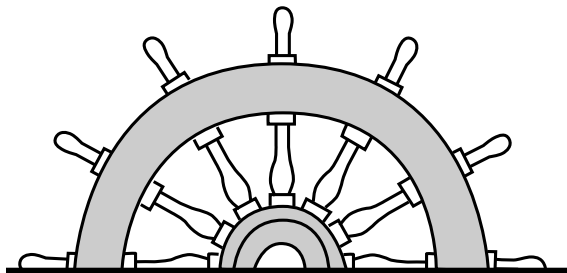
Although Maletz is committed to WAVES history, the WAVES isn't what started her naval history kick. The initial spark, she tells me, was when she was preparing for her promotion to chief in 2003 during a naval heritage presentation given by one Master Chief Aviation Machinist's Mate Selby Stokes. "Selby Stokes was this massive man, not fat, not by any means. He was just huge and he just had this way of talking that you just listened. I was terrified of him," she recalls. According to Maletz, he produced a 1917 Bluejacket's Manual and proceeded to read a section she never knew existed. Maletz was in awe. "This was real Navy history — his history. He had a book that had been handed down to him by his father-in-law — a battleship Sailor, and by God in those days the battleships were the only ships. He opened the manual to page 737 — 'Part Four, 'A Short Talk with Chief Petty Officers.'"



Retired Senior Chief Yeoman April Swingly Maletz presents Women Accepted for Volunteer Emergency Service (WAVES) National founder Jeannie Harrington Dicks with a 1950 edition of The Bluejacket's Manual at the WAVES National convention. Dicks lost her original copy years ago during a move. WAVES National was founded in 1978 to bring together women from all sea services. *U.S. Navy photo by Mass Communications Specialist 3rd Class William Jamieson.*

She pulls out a shiny, new white-covered Bluejackets Manual. "Look, I want to show you something," she says. At first I'm confused as I can't see why a brand new and obviously 21st

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FROM THE BRIDGE

FIRST VICE PRESIDENT

Betsy Waddell



A great day to all. I am still wondering about the advantages of living in Florida as the warm has hidden from us lately. I must say that the indoor time has allowed me the opportunity to talk to a many of you about what is angering or making many of you happy. One thing, ladies ALL of us (unless we work on commission or for ourselves) are on a fixed income. And, we are living with the increase in national dues. It is a once a year expense!

Now, once again, we need to gather in new members. I truly do not care which service they were in just that they were in a branch of the military and discharged honorably. New members are new members!! We are working for the benefit and promotion of women vets and we all have served in defense of our country. We need to honor and appreciate all of our associate members. Remember, they can hold any office in a unit with the exception of president and vice president. Now the bad news; I am, once again, hunting for a regional representative for Region X. Region X includes Delaware, the District of Columbia, Maryland, Virginia and West Virginia. How about one of you bowling me over by volunteering? You do not have to belong to a unit to serve as a regional representative and you don't have to have computer knowledge either. Give me a call and let's discuss.

All of you reach out and help and honor each other. We are a very special sisterhood of wonderful ladies. Let us never forget this.

SECOND VICE PRESIDENT

Cheryl Adams



I'm very troubled about the number of units closing down; almost an epidemic but I'm at a loss as to a solution. I do want to encourage everyone to be especially nice to any new members in your units. Dissolution of a unit is explained in our WAVES National Bylaws (WN) on page 2; basically it says return the unit charter to the 2nd vice president (that

would be me) and close out any checking and/or savings accounts. The money can be donated back to WAVES National (we can certainly use it) or donated to other charity/s. The use of funds is not made clear in the WN bylaws but I would think any decision should be voted on by the unit and the money should be donated to a veteran related organization/cause. Don't lose sleep if you can't find your original charter. You're not alone and sometimes there is nothing that can be done about it. If you have any questions or concerns with regard to starting or dissolving a unit, please call me at 608-424-3854 or e-mail at chicvet2@litewire.net. In the meantime, let's make a real effort to welcome new members in our units. Make sure you greet them at meetings and ask what they've been doing since you last saw them - ask about their family etc. If they don't make it to a meeting, have your sunshine person or secretary give them a friendly call.

Our Milwaukee unit (#39) had a very nice post Christmas lunch, back in January, at the Cheesecake Factory in Milwaukee. Good time was had by all but our poor waiter may have had a nervous breakdown after we left. I don't think he was prepared for such a large group of women all talking at the same time. We were distracted with all the conversation and totally confused him with all the changes, last minute orders and the words that strike terror in most waiters-separate checks, 00000h noooooo.

I've been very busy in Wisconsin helping our Women Veterans Coordinator to organize a couple of Women Vet Conferences/Expos. Along with offering information on benefits, fun services such as chair massage and acupuncture, we're raising money for homeless women vets (I know this will make Jo smile) and equine (horse) therapy for vets suffering from emotional and physical trauma. My husband and I have also become involved with a new program, starting up in Madison, called Circle of Change. I think of it as throw away dogs for throw away vets. This program matches rescue dogs with vets suffering from PTSD etc. I feel these animal therapy programs are so important for our vets seeking alternative therapy.

SHIP'S STORE

Linda Coffield



Finally! Winter is nearly passed and the daffodils are starting to show their spring colors.

Getting ready to travel this summer, maybe to your regional conference? Check out our WN Ship's Store **FINE PRINT SPECIAL**:

Receive a FREE bright blue luggage tag with any purchase totaling \$20 or more (excludes shipping). Limit one free tag per customer. Orders MUST:

- 1) Total \$20 BEFORE shipping is added,
- 2) Specify "Travel" on the order form, and 3) MUST be received by June 1, 2013.

PLEASE NOTE: Use the **MOST RECENT** White Caps order form. Your order may be delayed if the correct payment and/or shipping is not included.

VAVS REPRESENTATIVE

Kathryn Hare



Welcome to the world of VAVS!!

Veterans Administration is made up of 3 "departments" - Veterans Health Administration (VHA); Veterans Benefits Administration (VBA) and National Cemetery Administration (NCA). Each of the 3 relies (heavily) on volunteers to get the job done. The VA National Advisory Council (NAC) was created to, for lack of better term; marshal all those volunteer forces into a cohesive group. The VA NAC is divided into several layers of membership, depending on how many facilities the organization supports and the type of support provided. There are Service Members, Associate Service Members, Honorary Service Members; Donor Members and Associate Donor Members.

WAVES National is a Service Member organization. In fiscal year 2012, we had 114 volunteers perform 8,888 hours of support at 39 facilities. Thanks to the efforts of Harriet Howard and all our wonderful volunteers we have a seat on the National Advisory Council. The tasks at hand are to

sustain our current level of support and increase our presence to keep our seat at the table. **We need to retain the volunteers we have and recruit more!**

I'm taking over as the National Rep and JoAnne Teel is the Deputy Rep. Expect to hear more from us over the next few months!

My contact information can be found on page 14 or you can reach me at Kathryn Merrill Hare on Facebook.

JoAnne's contact information is also found on page 14 or you can reach her at Jo-Anne Williams Teel on Facebook.

VA MEDICAL/HEALTH



Ruth Storck

Pain – it is a sensation that we know immediately. It can come on fast and strong, or gradually and dull over a period of time. It is our bodies' way to tell us there is a problem. At its worst it can rob us of our ability to be productive and our well being. Extended pain, whether severe or dull can become all consuming in our lives.

Pain is very complex in that it differs greatly from person to person. Even when an injury is identical, each person's tolerance varies. Albert Schweiter wrote that "pain is a more terrible lord of mankind than even death itself." It requires physical and emotional support to treat from ourselves, medical providers and at times family.

Pain is defined as the unpleasant sensory and emotional experience associated with actual or potential tissue damage.

There are two forms of pain – acute and chronic.

Acute pain is the result of disease, inflammation or injury to tissue. It comes suddenly and is confined to a specific time and severity. It can be diagnosed and treated. In rare cases acute pain can become chronic.

Chronic pain – today is widely believed to be a disease in itself. Environmental and psychological factors can increase the pain sensed. Chronic pain stays for very long periods and resists most treatments. Doctors depend on description, location and duration to attempt to diagnose and treat long term pain. There is no way to tell the pain threshold of each person. We experience and tolerate levels of pain differently. What is overwhelming and excruciating to you, may be a dull ache in me. **Tolerance has been found to be greater in women than men.** Women recover quicker, seek help quicker and have been found less likely to let pain consume and control their lives.

They depend on a variety of resources to cope, treat and tolerate their pain.

The goal of pain management is to improve function and quality of life. They include image distraction, relaxation, pain medications, acupuncture, biofeed back, chiropractic, cognitive behavior therapy, electrical stimulation techniques, massage, exercise, hypnosis, surgery, laser therapy, nerve blocks, physical therapy, and hot/cold therapy. Doctors have a myriad of treatments to help us feel better. In today's world pain management is an important process in medicine to help us attain a better quality of life. Chronic pain can affect our whole being. It is hard at times for you and your doctor to pinpoint the treatments that will benefit you; but it is usually able to be brought to a tolerable level allowing you to have a more productive happy day. Pain management can also identify your triggers that cause an acute flare of greater pain. In this way you will have even more better days to spend happily with family and friends.

With spring fast approaching - get to your doctor and tell him you want to see a pain management specialist. Control that pain before it can control and consume you. Happy spring y'all !!!!

VOLUNTEER HOURS



Dulcie Davis

Hi shipmates. It's that time of year again to get your volunteer hours together. The reporting of these hours is extremely important because it's what keeps WAVES National as a non-profit organization. The hours you report must have been performed between **1 June 2012 to 31 May 2013.**

Reports must be in to me not later than 1 July. This is the only date that has changed and I will not accept any reports after that date. You have been given an extra two weeks to get the reports in.

I gave examples of what was to be reported in the February 2013 White Caps, on page 4 – please refer to it.

Reports may be made on a 8 x 10 sheet of paper, or whatever you may have and/or via e-mail; the form is not necessary, but it is preferred.

Mail/send your report to me, the National Volunteer Chairperson (my address is on page 14 of this WC) and also send a copy to your Regional Representative.

Members-at-large please send your report directly to me.

Happy Easter!

HEARTSPRING PROJECT



Jeanne Hooper

"Deadlines come and deadlines go, and sometimes I just don't quite make them!"

But you ladies keep the Heartspring machine moving on even without a semi-monthly reminder! Since last I wrote, 1100 boxtops plus 36 bonus boxtops have been sent to Heartspring. As of this writing, we are only 100 short of another batch of 500.

Top honors for 2012 go to Unit # 151 with 653 boxtops sent! Unit # 9 was second with just over 500, and Unit # 52 came in a close third with 494. First place honors for "MALs" goes to Edith Burnett. We have more units and MALs contributing all the time, and each and every box top is greatly appreciated. Remember, each boxtop is worth 10 cents, so keep 'em coming!

EXECUTIVE SECRETARY



Barb Turner

It is that time again for DUES. This will be your last White Caps unless you are a Life Member or have paid your 2013 WAVES National dues of \$25. If you have not paid your 2013 dues and are a unit member, please submit your unit and national dues now to your unit treasurer. If you are a member-at-large (MAL), please renew your dues by filling out the MAL Renewal Form on the back of this White Caps and mail with your \$25 dues to the WN Treasurer, Monica O'Hara.

I will be sending out regional rosters sometime during the month of May to all regional representatives. I would like for the regional reps to get in touch with their respective state directors and unit presidents to verify: a) that the unit(s) are still active and have current unit officers and, b) to make sure that the MALs are contacted in order to maintain good communication and exchange information. Since almost half of our members are members-at-large it is imperative to keep them in the loop and not ignore them.

There will be some regional conferences held this year and if you have questions or ideas for WAVES National please get in touch with your regional representative so that she can provide that information to the WN Board of Directors when they meet in September 2013. There was a printed list of regional reps in the February 2013 White Caps.

WHITE CAPS EDITOR



Judy Faries

It's been another wonderful couple of months. I really enjoy all of the great input I have been receiving from everyone. Please remember that if you don't see a picture you sent or an article you sent, I probably could not fit them all in or the picture could not be copied from the format you sent. Please remember that a copy of a newspaper picture does not copy well and I may not be able to get it in the right format for the newsletter. I have two photoshop programs I use to try to make the photos work. It does not always work though.

I want to thank everyone for getting so many of their articles in to me early this time. I was able to get a lot done before I left town.

Please keep the articles coming. It's so good to see what all of the units are doing.

WAVES National Procedures Manual New Report Dates

The report dates below were changed during the WAVES National convention in Orlando. Please make a note of these dates and ensure that your respective unit officers are aware of them and plan accordingly.

These dates are the absolute END date when the reports should be in the hands of the respective national officer. Don't wait until the first of June, for example to submit your unit president status report to your state director and regional representative. Back the time up so that you will not be late with your submission.

We only have to submit reports once a year and these reports are required to be in the hands of those national officers on the report date as shown below:

- 1 APR – WN Dues
- 1 JUN – Unit Presidents Status Reports
- 1 JUL – Volunteer Hours
- 1 JUL – State Director Status Reports
- 1 AUG – Regional Rep Reports
- 1 SEP – Letter of Authorization
- 1 SEP – Unit Annual Financial Report

Wendy Gellert Showing Her Art at the "Fine Art Carolina" Gallery

By Karen Carter Mebane, Enterprise Editor



Gellert today...



and as a navy photog in the 80s

Downtown's premiere art gallery, Fine Art Carolina, located at 116 W. Clay Street, presents Wendy Gellert of Hillsborough, for a show called "Reflections".

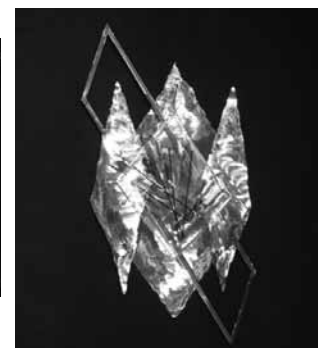
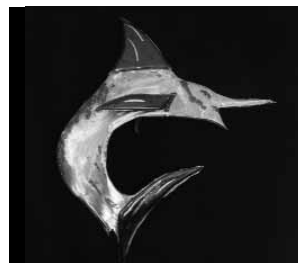
The reflective and refractive properties of light dance across the surface in Gellert's "Mountain Cattails" combining steel and glass for beauty. The mountains are reflected on the clear water in the Lake Tahoe lagoon area. The cattails are implied.

Steel is Gellert's medium, but she started out as a metal sculptor in college studying art at the University of West Florida in Pensacola. One of Gellert's required courses was welding, and she says she loved it. "After graduation, I started making wall hangings out of steel."

Gellert moved to Hillsborough eight years ago after retirement, having worked 27 years as Command Master Chief in the U.S. Navy. "I was a professional photographer in the navy," she says. Tired of taking pictures, in retirement she went back to school, taking advantage of the GI Bill, Gellert says. She went back to the University of West Florida in Pensacola and earned a degree in psychology and worked awhile in the field at a drug and alcohol counseling center.

Then with the help of a book, "What Color Is Your Parachute?" she found out that she kept coming back to the "creative side" of what she wanted to do. (Her mother was also an artist, an oil painter.)

Gellert recalls that in high school, she was voted "Most Artistic," did not think much about it then, but in retirement, she returned to the University of West Florida in Pensacola for another degree again on the rest of the GI Bill for art classes. "I was in heaven."



Examples of Gellert's work shown at her North Carolina studio

She graduated in 2001 and "I've been playing in my studio ever since," she says. That play, for Gellert, means making something beautiful out of steel and glass. Gellert explained to viewers Friday evening that she draws the steel using a MIG welder (an electronic welding system), a technique that gives both texture and depth. For more information and for an opportunity to view the work of Gellert and Teetor, visit the Fine Art Carolina gallery in the next few weeks.

"White Caps Editor's Note: Wendy Gellert is a member of Triangle Seagals, WN Unit #144 North Carolina".


SILVER TAPS


Please send all WN member Silver Taps information to Executive Secretary, Barb Turner (address on page 14)

WN MEMBERS

Margaret B. Karas..... USN 028/PA	Jacqueline G. Cohn (Gollob)..... USN 155/AZ
Elizabeth S. Ehman (Stout) USN 032/MI	Mattie L. Eckhard (Fowinkle)..... USN MAL/FL
Genevieve M. Sellers (Bullio)..... USN 036/CA	Mary C. Wilson (Ramenda)..... USN MAL/IN
Donalda E. Houle USN 042/CT	Betty J. Lord (Bruns)..... USN MAL/MA
Grace C. Tweedley (Chinery) USN 059/NJ	Marion C. Desjarlais (McCarthy)..... USN MAL/MA
Mary K. Dixon (Kuegle) USN 074/FL	Phyllis O. Paxton (Osborn)..... USNR ... MAL/NV
Marion J. Martin (Jones)..... USN 077/CA	Leslie Fischer..... USN MAL/NY
Vivei N. Strang (Gunderson)..... USCG ... 092/CA	Helen F. Brazy (Coffin)..... USN MAL/WI
Leah E. Vaughn (Thompson)..... USN 139/GA	

WN FORMER MEMBERS

Hazel Lashley USN 001/AR	Mary K. "Kay" Davies (Jirou) USN 063/MI
Sara H. Arnold (Hayes)..... USN 055/FL	Anna Jordan (Funbator)..... USN MAL/IL
Evelyn M. Mogel (Seidel)..... USN 055/FL	Mary Rucks (Gesmond)..... USN MAL/WVA

* WAVES National Charter Member

Gone, but not forgotten!

WAVE from the Past: Senior (Continued from page 1)

century Bluejacket Manual would be so exciting to her – until she opens it up to the inside cover. I realize it’s a 1917 reprint and is inscribed by one of the chiefs in my CPO selectee class, Chief Culinary Specialist Michael Edwards. I called him a few days after the interview and asked him about it.

“April was kind of like my third mentor after my induction sponsors,” Edwards said. “I was always able to talk to her and ask her opinion. We had one conversation once where she referenced the 1917 edition and had mentioned that she had lost or given her copy away sometime in the past. I had already ordered the reprint online after a master chief said I should read it, so I went back and ordered another one for April which was actually the last copy available online. I inscribed it and after the pinning I gave it to her to say thank you for everything she did.”

As I’m looking at the book, she tells me that it has become a regular tool for her to use to explore the text and its history. We spent the next few hours going through the different WAVES newsletters – reading them page by page, sharing funny comments and cartoons as we came upon them. At one point Maletz stumbles upon an abbreviation, “MS” in one of the publications and comments that she hasn’t figured out what it stands for (we later discover it stands for midshipmen school).

Of course, I jump up to get my laptop to “Google,” because that’s what we do now, we hit the Internet for the answer.

“Sit back down,” she barks at me and laughs.

I sit.

“Let’s read,” she says.

It’s about bringing the words, and as a result, the people to life. It is to understand what it means to hold a book that was once in the hands of a 20-year-old seaman on the deck of a ship in the middle of a war.

What makes some of these documents so unique is that you can’t “Google” them and make a real connection. Not only is

there no online edition of the WAVES Bulletin from 1943, there is something to be said for hearing the crackle of aged paper as you flip through it. You can’t smell the faded history of a letter written 73 years ago by a WAVES mechanic to her husband through a picture on the Internet. You can’t feel the hollowed-out back of a 1944 chief’s anchor unless you can hold it in your hand.

Maletz realized the value of collecting these artifacts was not just for their historical significance, but also their ability to put us in a moment now long past. Twelve hours into our interview and my bedtime is also long past, but before we conclude I thank her for giving me this opportunity to connect with history in a new and meaningful way.

Maletz retired April 1, 2010, but her involvement with the Navy is still going strong. She’s been an active member of the local WAVES chapter, the “Tidal WAVES”, and the assistant director (Southside) for Honor Flight Historic Triangle Virginia (HFHTVA). HFHTVA, or Honor Flight VA, is a non-profit organization which works to bring World War II and terminally ill veterans to Washington D.C., to visit the World War II Memorial.



This booklet was provided to new WAVES enlistees to tell them what they could expect as they assumed their role in the Navy with the 12th Naval District.



WAVES National Fundraiser

JULY 2013



The fund raising committee has chosen to partner with local Applebee's restaurants for our first annual fundraising event. We are asking that you appoint one person from your unit or group to be the point person, and MALs are welcomed to participate and garner community support for this event. That person will contact the local Applebee's and set a date in July to participate in the Dining for Dollars program. We chose July because it is our Anniversary month. You will find a letter from our President on page 9 to take to the local restaurant's manager. Select a mutually agreeable date to "host" the local fundraiser. Fill out the Applebee's fundraising form and send that info to Barb Sebring. The Applebee's Restaurant will provide you with a flyer to hand out, e-mail to your contact listing, mail to folks you know that might like to participate, or hand out to all your friends and neighbors. If you have email Applebee's will send via email, or you can have them mailed to you via USPS.

Freely make copies and distribute the flyers FAR and WIDE! Meet your group for lunch or dinner... and enjoy. A portion of the proceeds from the meal sales for everyone with a flyer who visits on the date/time that you have pre-arranged with the restaurant will then flow to WAVES National. Please remember that diners **MUST** have a copy of the flyer to present to their server in order for WAVES National to receive the donation. The more flyers we send out to our friends and colleagues and neighbors, the more money we can raise for WAVES National.

Let's all get together to support this fundraiser. We can all enjoy a meal out and support our organization at the same time.

Please contact Barb Sebring at (415) 472-5666, or email at bsebring62@msn.com, or mail to 78 Edward Ave. San Rafael, Ca. 94903. Let Barb know who your point person will be.

Thank you for helping out with this new and exciting fundraiser.



WAVES National 2013 Fundraiser

WOMEN OF THE SEA SERVICES

Applebee's Restaurant Fundraising DATE of EVENT: _____

Location (local address):

Manager/Point of Contact NAME: _____

Manager/Point of Contact PHONE: _____

Manager/Point of Contact E-MAIL: _____

WAVES National Unit NUMBER: _____

WN Unit Local POC NAME: _____

WN Unit Local POC PHONE: _____

WN Unit Local POC E-MAIL: _____

WAVES National – Applebee's Restaurant FUNDRAISING EVENT
July 2013





WAVES National

WOMEN OF THE SEA SERVICES

National Fundraiser 2013

Greetings, and thank you for allowing us to introduce ourselves to partner with local Applebee's Restaurants for our first annual fundraising event. I am the National President of WAVES National, a nonprofit veterans' organization for sea service women.

WAVES National was established in 1979 by a female Korean War veteran and two WW II WAVES (Women Accepted for Volunteer Emergency Service) to encourage patriotism and perpetuate the honorable history of women who served our Country in the military sea services. In 1985 the IRS formally recognized WAVES National as a 501(c)19 veterans non-profit organization under TIN 94-2747903. Our mission:

To keep all sea service women informed of current benefits associated with their military service;
to keep them connected while preserving our common history; and
to provide opportunities for women in tomorrow's sea services.

Our WAVES National Unit members across the country will be teaming with local Applebee's Restaurants participating in the Dining for Dollars Program during our WAVES National Anniversary month in July 2013, where a portion of the proceeds will be donated to WAVES National. Correspondence resulting from this fund-raising event should be addressed to: Treasurer Monica O'Hara, WAVES National, 6383 Kimmy Court, San Diego, CA, 92114. For immediate assistance, please contact our Fundraising Chairwoman Barb Sebring at BSebring62@MSN.com.

Thank you very much for your support of the WAVES National 2013 Applebee's Fundraising Event!

Sincerely,

Jo Adamson

President
WAVES National

FOAM OFF THE WAVES

GATEWAY WAVES

Unit #5 (MO) – St. Louis Service's Women's Post 404, American Legion, has honored Shirley Walz by naming her as Post Legionnaire of the Year. Our own Alice Anderson had this honor last year. We would also like to congratulate "Chief" Rachael Simmons, active duty Coast Guard. We continue to meet 4th Saturday of each month for noon lunch with meeting to follow at Ms Sheri's Cafeteria Warson Woods, Mo. All are welcomed. **For meeting information please contact: Shirley Walz 314-882-4249 or sjwalz59@gmail.com.**

KEYSTONE

Unit #6 (PA) – We took a winter break and had no official meeting. We did meet for lunch at the Sun Buffet where we ate, visited and solved the world's problems.

In early January we lost one of our charter members, Sheila Martin. Along with BuxMont Women Veterans, we honored her, all in uniform; we rendered her a farewell salute. At the cemetery, where she was buried with military honors, snow covered the ground and the Navy Honor Guard and bugler were very impressive. Sheila was a major force in the fundraising and awareness of the building of WIMSA at Arlington National Cemetery, where she later became a docent, traveling by train from Philadelphia for many years to volunteer.

Several of us attended a program at a local church where we learned the church's history, dating back to the 1700's, and toured the cemetery containing graves of Revolutionary Soldiers.

We are making plans to attend the first ever Pennsylvania Women Veterans' Symposium, to be held in Gettysburg, PA. **For meeting information please contact Ruthie Severino at 610-356-8956.**

HEART OF AMERICA

Unit #9 (KS) - Most of us here in the Midwest are enduring our second snow storm in less than a week. We have had a mild winter until now. There was upwards of 12 inches last week. The storm we are having now is supposed to dump up to an additional 12 to 20 inches. The trees are hanging low! Let's hope we don't lose any of them.

We would have had our bi-monthly meeting last Saturday but thought it best to cancel considering most of the sidewalks were still covered with snow. We didn't want any of our dear members to fall! So we will have our next meeting April 27th. By then, we should see spring in full bloom starting with the jonquils, daffodils, and tulips. We hope this newsletter finds everyone in good spirits and health.

For more information please contact Michele Batliner at 816-315-9229 or email at mbatliner@att.net.

DESERT WAVES

Unit #13 (AZ) - It is with deep regret that we had to say "Bon Voyage" to our unit and sail our separate ways, (most of us are 90 and older). But we will not vanish into the night. We have logged a glorious history. We set our course and began "visualizing" a unit in 1979. We met informally to decide and called ourselves "Seagals of the Old Pueblo." But it wasn't until March 1983 that Myldred Stebbins, who had been Secy/Treas of WNC 1980-81, felt it was time to organize. Myldred had formed a unit in St. Louis that is now known as The Gateway WAVES. Desert WAVES Unit 13 was chartered July 6, 1984. The Charter held 18 names (only four are living) and was signed by then WN President Charlotte Davis and presented at the 4th Convention in Washington, D.C. by Ann Anderson newly elected WN President.

Unit 13 was proudly a part of the Dedication of the Women's Clinic at the VA. Two members served on the Advisory Board. Three members' pictures are there because they were each elected "Woman Veteran of the Year" within a four year period the last being in 2002. And the Unit received a "Certificate of Appreciation" at the Volunteer Recognition program for an organizations outstanding participation and contributions. Two members went to the dedication of WIMSA in 1997 and one is a WIMSA Charter Member. Two took part in the Tucson Senior Olympics in 2002. One carried the flag and one carried the torch. One member was also inducted into The Veterans Hall of Fame in 2002 and four members were honored to be in the first Honors Flight of WW II veterans out of Tucson to go to Washington, D.C. in 2010. One made our Unit 13 banner and we took part in Veterans Day parades and one year received a Certificate of Merit for its parade theme entry.

They were also a part of the dedication of the Blind Center at the VA with Jesse Brown, then Director Veterans Affairs Washington, D.C. Their WAVES logo is framed and on the VA corridor leading to Bldg. 60.

Members volunteered many hours, made many donations of money, clothing, stamps for the stamp club, money for a wheel chair, gifts to patients, made items for them and every holiday special gifts, as well as manning the OR family waiting room, just to name a few. Several took part in Tucson's largest human flag (made up of over 1000) at the ball park. Two were part of the City of Tucson time Capsule and placed WW II memorabilia in it.

Their newsletter "Ripples" was not only enjoyed by members of the unit, but by other units that received copies and even used some of the information in the Ripples.

But they had fun also, 10 members enjoyed a trip to California for a WAVES meeting, stayed on the Queen Mary and were guests on the Price is Right with Bob Barker. One member was selected and won a lot of prizes.

So, ring the ships bells loudly. I feel that Desert WAVES deserves a 21 Gun Salute as a glorious Bon Voyage.

Helen Anderson Glass.

NORTH COAST WAVES

Unit #21 (OH) – While much of the unit was enjoying their brief winter's nap, the NCW board and members were still busy at work.



Pictured Clockwise around the table from North Coast WAVES Unit 21: Marlana Robertshaw, Elva Pounders, Lillian Hawley, and Delores Speed.

During the downtime, the unit was planning a Women Veterans Picnic which, we hope to be successful and become an annual event to attract more female veterans to WAVES National and, used as a fundraiser. The unit also teamed up with the AMVETS Post 44 to co-host a screening of Honor Flight the Movie in March. So, we have been working hard to promote both of these events.

The fun doesn't end there either. Several of our members serve on the ODVS

FOAM OFF THE WAVES

Advisory Committee on Women Veterans and are actively planning the biannual Ohio Women Veterans Conference in September. In the meantime, we have filled in some of the spare time by securing a donation of calling cards that the unit plans to distribute through the VA and other outlets directly to veterans.

For meeting information please contact Jennifer Baun 330-788-8488 or e-mail: Jennifer.baun@att.net.

THREE RIVERS

Unit #28 (PA) - The women of Unit 28 began 2013 by meeting at the Pittsburgh's Historical Landmark Soldiers and Sailors Hall.



Pictured: The members of Three Rivers Unit #28

We reinstated the "Getting to Know You" portion of the meeting, where members prepare a short presentation on their time in the military. This month, we heard from Carol Hoyt, who regaled us with her amusing anecdotes of her time in the Navy. We also discussed what to give as our gifts for our annual "Christmas in July" party, which we host for residents of a local veterans home. Members finished the meeting by taking in the exhibits at the hall.

BADGER

Unit #39 (WI) - Marquette University will again hold its annual Awards Day on Saturday, April 20th at 10:00 AM. This year our Unit will participate by giving awards to deserving female NROTC graduates.

Our Unit does not meet during the harsh Wisconsin winter months so we all look forward to spring and seeing our fellow shipmates.

During the next meeting, May 18th, we will hold the Bell Ceremony to honor all deceased members of Unit #39. **For more information please contact: Claire Krolick at 262-782-6215 or email: peach@ww.rr.com.**

STARS AND STRIPES

Unit #36 (CA) - The unit met at a local Italian Restaurant in February where we stuffed neck pillows for the USO prior to the meeting. To date we have donated 600 pillows and the USO sent a nice thank you letter and photo of military personnel with the pillows.

A Memorial and draping of the charter was held for long time member Genevieve Sellers. Six members attended her funeral earlier in the month and were thanked by her sons for attending as well as posing for remembrance photos. Betty Miller (a MAL from Washington state and a long time friend) attended as well.

In January, three members joined with a Women's Legion Post for a 2+ hour tour of a privately owned military and car museum. The museum is divided into three parts and includes over 30 (mostly Chevys) cars. It includes a 1930's auto "showroom" with a Duesenberg, a car that had been owned by Clark Gable and Carole Lombard, and a restored original Fire Truck. The military museum section contains many one of a kind items from WW II and Vietnam wars. The owner (a Vietnam vet) met with the group briefly and thanked all for their service.

Our April meeting will be a tea gathering at the Chula Vista Veteran's Home to reach out to the ladies who reside there. **For meeting information please contact Roxanne Jones, 619-479-0149 or email: rjones@score.com.**

NORTHWEST FLORIDA WAVES

Unit #52 (FL) - The unit's annual Christmas Party in December was full of fun, friends, and feasting on fantastic food. Afterwards, a few of us paid a visit to past President, Linda Balink-White and her sea-story telling husband, Philip.

Our meetings are now bi-monthly. This means a lot must be accomplished during them.

We are currently planning our (mostly) annual "SALUTE" Women Veterans Luncheon in May. The theme this year is "First Military Woman to:" and we are thrilled that Mary Bonnin, the first female Master Diver in the Navy has agreed to be our guest speaker! We are looking forward to guests telling their own stories of how they paved the way.

Also, we are planning a visit to The Armed Forces Retirement Home in Gulfport in April. Until next time, Happy Easter, Happy Spring, happy, happy

everything! **For meeting information, please contact Jeanne Hooper at (850) 458-0440 or e-mail: JCHooper@cox.net.**

TAMPA BAY WAVES

Unit #55 (FL) - The unit has been invited by the Veterans' Council of Hillsborough County to host the next Field of Honor Ceremony at the Veterans' Park on April 6, 2013. As the host, Tampa Bay WAVES will read the names of those to be commemorated and hand out flags to participants.

Honor Flight's first flight of 2013 to transport WW II veterans to Washington DC to see the WW II Memorial is scheduled to depart April 16, 2013. There is still a need for guardians. Honor Flight West Central Florida (WCF) serves 10 counties in the Tampa Bay area. This is one of the highest concentrations of World War II veterans anywhere. WCF is planning eight missions for 2013.

Our next meeting is scheduled for April 13th at 11:00 am at the St Matthew's Anglican Church. **For meeting information please contact Barbara J. McGuire at (813) 571-2098 or email: bdogwood@tampabay.rr.com.**

REDWOOD EMPIRE WAVES

Unit #77 (CA) - On February 16th fourteen unit members participated in a memorial service for Marion Martin, a long-time, much-loved member who was very proud of her WW II service as a cryptographer. She received full military honors from AMVETS with refreshments afterwards and lots of reminiscing.

In March we had a seafood luncheon at the Coast Guard Training Center at Two Rock near Petaluma. Soon it will be time for election of officers for the next two years. **For meeting information, please call Bettie Crandall at (707) 838-4035.**

FLATWATER WAVES

Unit #98 (NE) - With snow on the ground we are now thinking of spring. Our first meeting of 2013 will be on April 20th at 11 AM at Chances' R restaurant in York, NE. Mrs. Rosalie Lippincott will give a program on the Historical North Platte Canteen from WW II. Some of the WAVES may remember traveling through Nebraska in the 1940's and stopping for a treat there. Hopefully we will be able to have the Hastings WAVES come to this meeting.

We have three members who have reached the age of 90 and will become Life Members. Congratulations to

FOAM OFF THE WAVES

Kathy Howe, Mabel Stamler and Lyla Woodworth.

Several other 90 year olds already are Life Members but as a unit we are still holding together and looking for new recruits to join us. **For meeting information please contact Pat Hunsche at 402-426-2013.**

CACTUS WAVES

Unit #114 (AZ) – Unit members participated in a special memorial for WN Charter Member Mary Jo Hopwood in January at the request of family.



CACTUS WAVES Unit 114 members pictured left to right: Sharon Woods, Helen Coyte, Lou Ann Huskisson, Marian Lever and Barbara Meegan.

On February 5, 2013 four members were invited to the Carrier Escort Association of Sailors and Airman reunion as guest speakers. Jo Wittens, Shirley Krabbe, Sharon Woods, and Marian Lever spoke on their Navy and Coast Guard service.

We made a donation of two \$35.00 Wal-Mart gift cards to the annual Arizona Stand-down in Phoenix. Also friends of the Cactus WAVES donated another six cards. These cards go to the homeless women to purchase personal needs items. Sharon Woods and Carol Culbertson volunteered at this stand-down by escorting homeless veterans around to the different stations to pick up clothing, sleeping bags, etc. It was a rewarding experience. Joan Sisco was our guest speaker in February; she collects donations in clothing and furniture for Mary Ellen's Place and Sally's Place. These apartments are for homeless women where they are able to get back on their feet, and find jobs. Sally's Place will house women and their children.

Contact Sharon Woods to join the Cactus WAVES @ 480-202-0984 or sharonwds1124@q.com.

OCEAN STATE

Unit #118 (RI) – A few of us got together and visited several of our members at their home or Nursing Home (Nellie Rollins, Helen Ryder, Rita Trenn, Rosetta Desrosiers & Jean Yarnall). We also stopped by Evelyn Cohen's but were disappointed that she was not at home. It was wonderful to see members we had not seen for several years. We had planned to visit more but ran out of time because we had to return the rented van. Our visit ended at the Veteran's Home in Bristol where we distributed Christmas gifts to the six women veteran residents.

We participated again in the 2012 VAMC Bake Sale on 3 December. Unit members Luisa White, Lois Lepak, Ginamarie Doherty and Carol Rotkin represented the unit. It was a very successful day with many goodies for sale and served as a great fundraiser for the veterans.

Our Annual Women Veterans' Tea at the Veterans Home in Bristol was scheduled for 20 March.

Our next meeting is scheduled for 20 Apr at 1300 at the One Capitol Hill, Providence, RI. **For meeting information please contact Shirley Hill at (401) 848-5122 or email: s.hill8@cox.net.**

TRIANGLE SEAGALS

Unit #144 (NC) – On 10 November 2012, nine members of WAVES National joined women veterans from around North Carolina for the 15th Annual Women Veterans Luncheon. Each year the University of North Carolina-Greensboro's Betty H. Carter Women Veterans Historical Project sponsors the gathering. This year's function included the usual display of recently obtained military uniforms and an ongoing photo slide-show from the Women Veterans Archives.

Following a gourmet lunch and welcomes from college officials, came a panel discussion: "Making a Difference: Advocating for Military Women." The moderator was Therese Strohmer, an Air Force veteran and UNCG PhD student. The panelists included: Nicolle Brossard, a member of the UNCG Student Veterans Association and an army veteran who related the issues of reporting and dealing with abuse and stress for today's military women; Hattie Johnson, a veteran and mother of veterans and is the Coordinator of the Homeless Veterans Program at Salisbury, VA, who addressed issues of homelessness for women veterans; and Monika Johnson

Holster, Executive Director of the NC Coalition Against Sexual Assault who spoke on unique issues for women in the military experiencing abuse. To conclude the day, Beth Ann Koelsch, Curator, gave an update on The Project, including recent donations to the archives, classroom and research involvement, community activities, and progress in oral histories of women veterans.

For meeting information email: mabelsmith1920@nc.rr.com or call 919-303-8205.

MISSISSIPPI MATES

Unit #150 (MS) - Nine of our members were among the 14 women veterans who posed for our Calendar Girls 2013 calendar. The entire proceeds of \$20,000 from our calendar sales were donated to the Gulfport soup kitchen, Feed My Sheep.

Several members displayed their handiwork at our January 26 meeting. Barbara Folk modeled her knit scarves, and Heather Baird demonstrated large tote bags she had created.



MS Mates Unit 150 members pictured left to right: Marion Ritchie, Heather Baird and Barbara Folk.

Our secretary Terry Miles showed her newest murder mystery, "Murder Between The Sheets", and announced that she was to have a signing party at Barnes and Noble in Gulfport on February 2. Guest stained glass artist Laura Scardino modeled several of her convertible scarfs - shrug creations.

We welcomed U. S. Navy veterans Margo Frigs, Leslie Schwartz and Michelle Laster, who are employed at the Navy Seabee Base in Gulfport. They plan to join our unit next month.

We meet at the Armed Forces Retirement Home, 1800 Beach Drive, Gulfport on the fourth Saturday of each month at 10:30 A.M.

For further information contact Bettylu Dennis, (228) 265-7695, or just drop in and join us.

TIDEWATER TIDAL WAVES

Unit #152 (VA) – We held our annual Christmas Anniversary party in January and raised more than \$1,500 through an

FOAM OFF THE WAVES

auction. Funds will be used to support programs at the VAMC as well as other charitable endeavors.



Tidewater Tidal WAVE Unit 152 member Suzanne Davis (l) had the winning bid for a pristine edition of Monopoly. Dulcie Davis' son took the cover photo and had the game autographed by him for Suzanne.

We have been invited to participate in Memorial Day events at the Albert G. Horton, Jr., Memorial Veterans' Cemetery again this year.

We will be participating in the Country Fair at the VAMC again this year. The unit makes cookies to hand out to the patients attending the fair, greeting and talking to each veteran. We also use this as a recruiting opportunity as active duty service members escort the patients throughout the Fair.

For meeting information, email: Per-rywave@aol.com or call Judy Perry at 757-545-1988.

FOX CITIES WAVES

Unit #153 (WI) – The unit has been off since November and we are looking forward to getting back into the swing with our March meeting, and making plans for being in the Memorial Day Parade in May and possibly the Flag Day Parade in June. We have put our banner to good use each year and have been fortunate to have local Girl Scouts carry it for each parade.

By July we will have six members who have reached or passed the young age of 90, and we will be having a celebration. Thus far, we have members who served during WW II, Korea, Vietnam and Desert Storm. We are looking

forward to welcoming two possible new members soon. **For meeting information please contact Maureen Radtke, President of Fox Valley Waves at mrادتke8@new.rr.com.**

SALT RIVER VALLEY WAVES

Unit #155 (AZ) – We celebrated the mid-winter season with an edible fruit arrangement brought by member Lori Elander. Our attendance was down because of health issues so we shared this unusual treat with residents of the facility where we meet.



Salt River Valley Unit 155 members pictured Left to Right: Kathy Laurier, Vee Flayter, Diana Green, Barbara Klinedinst, Martha Alderman, Lori Elander, and Beth Anne Whiting

It's good to mix business with pleasure. We pride ourselves in sending boxes to troops overseas, helping support Veterans First which aids homeless women veterans, and participating in military burials of veterans at the National Cemetery.

Our meetings either have a speaker, entertainment, or an activity. You are invited to come see us in action. **For meeting information please call Vee Flayter, President of Salt River WAVES at 623-362-9040.**

BIG SKY WOMEN VETERANS

Unit #156 (MT) – We had a really fantastic Leadership Conference planned for July 11-13, but due to the lack of registrations from either Region II or from National, we had to cancel the conference.

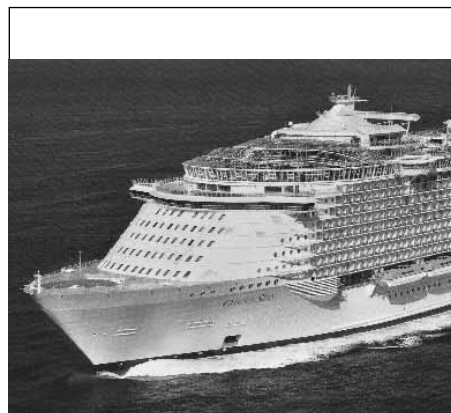
This year, despite holding three recruiting events, we have not gained enough sea service members to sustain a unit. Even non sea service women, who are interested in joining, said that they would join as long as they did not have to participate. That defeats the purpose of a unit organized as a 501(c) 19 Veterans Organization - as this is not a social organization, it is a service organization. WAVES National is organized under the same section.

So those of us who renewed our dues will become MALs. The money we raised to help women veterans will be given to our project at the VA CBOC.

We will finish paying our bills, send our Financial Report to the National Treasurer, dissolve the unit and turn in our Charter to National. This has been given a great deal of thought and discussion, and was not taken lightly. We cannot continue to function without the proper officers, nor are we able to follow the Bylaws of the organization. **Any comments can be sent to Meridith B. Cox at meridithc@businesswatch.com or phone her at work 406 256-3322.**

Correction to the Foam Off The Waves in the February 2013 issue of WHITE CAPS –

Unit #156, Hazel Holmes was identified as a WW II veteran of Unit #155, and it should have read "as a WW II veteran of Unit #156. We regret any confusion that this may have caused.



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Miscellaneous Information:

- Conventions are biennial.**
- WHITE CAPS is published six times a year: Feb., Apr., June, Aug., Oct., and Dec. **Items for publication must be received by the 1st of the month before publication.**
- National Dues: \$25.00 for the calendar year - 1 January to 31 December, submitted to the National Treasurer. Unit members submit to Unit Treasurer; Members-at-Large, submit directly to the National Treasurer.**
- When dues have been paid by new members,** membership cards will be issued to Unit Treasurers and individually to Members-at-Large. Current members who pay dues will not be issued another membership card. Life members will be issued a permanent Life Membership card.
- All changes of address must be forwarded to the Exec. Secretary sixty days before moving, if possible. There will be no re-mailing of WHITE CAPS unless the member forwards \$7.50 to Monica O'Hara, Treasurer.
- You may submit your White Caps articles via e-mail to Judy Faries at, Mizjudy97@gmail.com with a copy to Jo Adamson at hmcadamson@yahoo.com.

<i>Submit Date</i>	<i>Publish Date</i>	<i>Issue</i>
1 May 2013	Jun 2013	Jun
1 Jul 2013	Aug 2013	Aug
1 Sep 2013	Oct 2013	Oct
1 Nov 2013	Dec 2013	Dec
1 Jan 2014	Feb 2014	Feb
1 Mar 2014	Apr 2014	Apr

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April 2013

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WN Logo Flag \$80 3'x5'; All Weather Nylon; Double-thick; 3-Color Logo screened Front & Back	Travel Alarm Clock \$6 Pop-Open, Digital w/lighted face & WN logo on Blue Case 2 1/4" x 2 3/4" x 1" Closed	Wrist Watch \$28 2-tone (gold & silver) w/second hand White face w/WN logo & 12 numbers; Black leather band (7 5/8"); Gold gift box	Jacket Navy Blue w/WN Logo \$35 Zipper Close: Small - 2x Snap Close: SM - 4X \$25
Golf Shirt \$25 Navy or White w/WN Logo SM-MED-LG-XL-2X-3X-4X	Sweatshirt \$20 Navy w/WN Logo SM, MED, LG, XL, 2XL	Apron \$10 Bib-style, Navy w/White Logo Adjustable neck-One Size	T-Shirt \$10 Navy w/White screened Logo SM-MED-LG-XL-2X-3X
Anchor Lapel Pin \$4 Original Hat Pin Style, 1/2" " with single pin clutch back	Necktie \$8 Women's USN - Black w/Velcro closure-One Size	Waist Bag \$10 "Fanny-style"; cotton canvas w/ Embroider logo; 2 zips; adj 30" /4	Ballcap \$10 Navy w/Embroidered Logo Soft style - Adjustable
Small Patch \$4 SPECIFY: WN Logo OR Service (Navy, Marines; Coast Guard, Army, Air Force) Size vary 2 1/2"-3"	Anchor Patch \$5 WAVES Anchor & Prop Embroidered in Blue & Grey on White background; 4 1/2" diameter	Large Patch \$10 WN Logo; May be sewn or ironed on back of jacket or vest. Size 8 1/2" diameter	Teddy Bear \$7 W/Service Patch on Belly SPECIFY: Which Service
"Original" Hat Pin \$10 WAVES w/Anchor & Prop	USN Hat Pin \$4 Spread eagle w/USN	WN Logo Charm \$7 Round, Enamel WN Logo (1/2")	Anchor Charm \$7 Original Hat Pin Style (3/4")
WN Logo Lapel Pin \$4 Round, Enamel WN Logo	Service Logo Lapel Pin \$4 SPECIFY: Navy, USMC, USCG, ARMY, AF	Magnet \$1 Flat, 2 1/2" Circle; White w/WN Logo	Luggage Tag \$2 Blue plastic w/WN Logo
Anchor Earrings \$14 Pierced, Original Hat Pin Style (3/4") (Clip-on Available on Request)	WN Logo Earrings \$12 Pierced, 1/2" Round Enamel WN Logo (Clip-on Available on Request)	Songbook \$8 SPECIFY: "Songs WAVES Sing" OR "Bainbridge Bootcamp Songs"	Letterhead OR Notes \$5 SPECIFY: 20 Sheets WN Letterhead OR 10 Single-fold notes w/envelopes
Dogtag Lapel Pin \$5 Dog-tag shape, 3/4", silver-color pin w/ chain says: Women Proudly Served	"NEW" T-Shirt \$12 Gold w/Blue screened logo on back and small logo on upper left front. S/M-LG-XL-2XL	License Frame \$2 Top: WAVES National Bottom: Women of the Sea Services	Decal \$1 WN Logo for cars, etc SPECIFY: Blue/White OR Blue/Yellow
Portfolio \$15 Soft Vinyl Black w/Silver Trim; Dark Blue WN Logo (on silver) 9 3/4" wide x 12 1/4"	Pen \$2 Bright Blue color w/WN Logo & WEB address printed in white Blue Ink; Retractable; Nice Weight	Sewing Kit \$2 Blue Case w/WN Logo & WEB address printed in white; 2"x3 1/4"x1 1/4" Needles/threader/scissors/pins, etc.	WN Bumper Sticker \$1 Two-tone blue WN emblem and dark blue letters on white; glossy paper; Approx 3" x 10"
Garrison Cap \$22 Ladies' Style, Dark Blue, lined w/WN Logo Patch on Left Front 55% Poly/45% Wool; DRY CLEAN ONLY Sizes 21, 22, 23, 24 & 25 (Measure Circumference of your head, Add 1 & ROUND UP for Size)	Coin OR Medallion OR Keychain \$10 Front: WN logo in gold, silver & blue Back: three raised images; Coin has gold, diamond cut edge; Medallion (on blue ribbon) & Keychain w/ring have smooth silver edge ~ Approx 1 1/2" diameter CALL for Quantity Discount Info		

WAVES NATIONAL

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Flower Mound, TX 75022-7040

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MEMBERS: If you are going to be traveling from time to time, why not send **Monica O'Hara \$7.50** to have your WHITE CAPS sent via first class mail. This way, you will never have to miss an issue. Thank you!

ADDRESS CHANGE FORM

OLD:

(Paste WHITE CAPS label here)

NEW ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE # (_____) _____

area code

(Check here if unlisted)

EFFECTIVE DATE: _____

Mail to: **Barbara Turner**, Executive Secretary
9105 Shoshone Trail, Flower Mound, TX 75022-7040

MEMBER-AT-LARGE MEMBERSHIP RENEWAL FORM

(Dues period 1 January to 31 December)

Please type, print, or use address label

Date _____

Name _____ Member ID # _____

Address _____ (Find on WHITE CAPS address label)

City _____ State _____ Zip Code _____

Telephone Number (_____) _____ (Check here if unlisted)

Check # _____ Tax Deductible Donation Included \$ _____ Dues for 1 year are **\$25.00** • Check Amount: _____

Please enclose a check or money order for **\$25.00** for dues for one year, made payable to WAVES National, and submit with this form to the **National Treasurer, Monica O'Hara, 6383 Kimmy Ct., San Diego, CA 92114-5631**

New members use WN membership application only.

The Life Membership rate for those 90 years or older is \$30.